ISSUE 30 • SPRING 15

SALEM

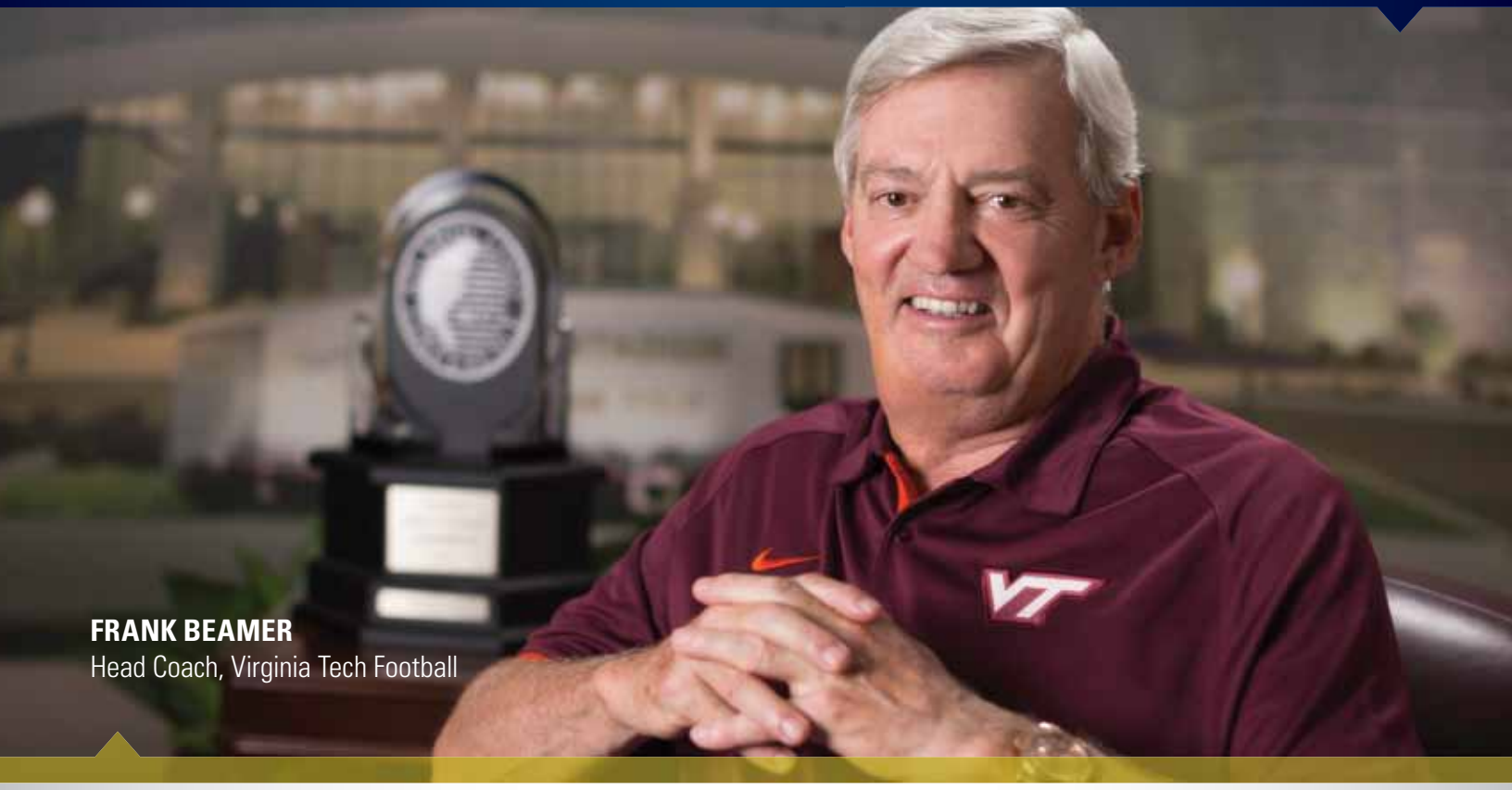
A MAGAZINE FOR THE PEOPLE OF VIRGINIA

LAKE SPRING REBORN

Lake Spring Park Gets a Major Facelift for the First Time in 20 Years

Teacher of the Year • Pat Counts • Water Quality Report

THE RIGHT DECISION CAN MAKE ALL THE DIFFERENCE IN THE OUTCOME.



FRANK BEAMER
Head Coach, Virginia Tech Football

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You can view this edition of the Salem Magazine as well as previous issues for free at www.salemva.gov

Mike Stevens & Clark Ruhland
mstevens@salemva.gov
cruhland@salemva.gov

PUBLISHER
City of Salem

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Communications Department

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City of Salem Communications Department
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Salem City Hall is located at 114 North Broad Street. Council meets on the 2nd and 4th Mondays of every month at 7:30 p.m. in the council chambers located on the main level of the building.

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Sheriff's Office	(540)375-3040
Social Services - Welfare	(540)387-6087
Streets & Maintenance	(540)375-3039
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Zoning	(540)375-3017

Salem City Council

Randy Foley
Mayor
rfoley@salemva.gov

John Givens
Vice Mayor
jgivens@salemva.gov

Jane Johnson
jjohnson@salemva.gov

Lisa Garst
lgarst@salemva.gov

Bill Jones
bjones@salemva.gov

SALEM VA
STREETS & MAINTENANCE

2015 Holiday Trash Collection Schedule

Memorial Day - May 25, 2015
Monday- May 25 - route collected Tuesday (5/26)
Tuesday, Wednesday, Thursday & Friday routes unchanged

Independence Day (Observed) - July 3, 2015
Friday- July 3 - route collected on Thursday (7/2)
Monday, Tuesday, Wednesday & Thursday routes unchanged

Labor Day - September 7, 2015
Monday- September 7 - route collected Tuesday (9/8)
Tuesday, Wednesday, Thursday & Friday routes unchanged

Veterans Day - November 11, 2015
Wednesday- November 11 - route collected Thursday (11/12)
Monday, Tuesday, Thursday & Friday routes unchanged

Thanksgiving Day - November 26, 2015
Thursday - Nov. 26 - route collected Monday (11/23)
Friday - Nov. 27 - route collected Tuesday (11/24)
Monday, Tuesday & Wednesday routes unchanged

Streets & Maintenance - Sanitation Division
540-375-3071

Community Recycling Bins

Indiana St. Recycling Center
West Main Walmart Parking Lot
(newspaper, mixed paper, aluminum & plastic are accepted at both sites)

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"What happened to my water pressure?"

"Is Salem After Five this Friday night?"

"Why is traffic slow here on 4th Street?"

"Are city offices closed for the holiday?"

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CITIZENS ALERT

Kevin's Corner

Kevin Boggess - City Manager kboggess@salemva.gov 375-3016

When people think of Salem the first thing they think of is often something in our downtown. Maybe it's the Farmers Market, or their church. Maybe it's Roanoke College, or a favorite restaurant. Perhaps it's the Christmas Parade, or Olde Salem Days. The fact that these things come so readily to mind illustrates the central role that downtown plays in defining the character of our community. Downtown is where Salem began, but how can we build on the fantastic assets we have in order to ensure that Downtown Salem is vital for the future?

Salem already has a great downtown, and the city has worked hard over the years, with many partners, to foster the vibrant environment that we have. Our downtown is safe, clean, and filled with some of the best shops, restaurants, and businesses to be found in the Roanoke Valley. It's the home of many non-profit organizations, governmental institutions, and of course a liberal arts college. But what more can it be? What role will it play in our region as we move deeper into the 21st Century? How will our children, and young adults, the knowledge workers of tomorrow, use our downtown? What community needs will it be called upon to fill?

Last fall the city began a planning process to help answer these questions. Since then we have engaged citizens, business, and other partners throughout the city to help us think of ways to improve downtown, ways to take it to the next level. The discussion has been very productive, and has involved ideas about placemaking, outdoor dining, special events, and ways to improve the look of the streetscape. The end product of the process will be a plan which outlines specific steps that our community can take to guarantee that downtown has a bright future ahead and that it will remain a destination of regional significance, that it will be type of downtown our community desires it to be, and that it deserves.

Development of the plan will continue through the end of 2015. We have set up the downtown.salemva.gov website to keep citizens informed about the process, and will be updating it periodically. On that site you can find the project timeline, a link to our retail survey, and other ways you can provide input and help us decide the future of Downtown Salem. A first draft of the plan is expected to be presented to the public early this fall at an open-house style meeting, and adoption is expected in early 2016. We welcome your input.

SALEM VA
DOWNTOWN PLAN

Check it out: **downtown.salemva.gov**

Downtown Salem's Main Street is a focus of the Downtown Plan.

Stores like this antique shop are one of many in downtown Salem.

Citizens and city officials met in February to talk about what they would like to see downtown. We need more of your input.

S@LEM NEWSMAKERS

Changing of the Guard

John Prillaman rang in the New Year with a new job and a new title as he was named Salem's Fire and EMS Chief effective January 1. City Manager **Kevin Boggess** selected Prillaman from a pool of candidates to succeed retiring Chief Pat Counts, who served the city for four decades.

Prillaman

"In my 25 years of serving as a volunteer firefighter, military firefighter and career firefighter I have been very fortunate to have some great mentors who have helped me develop as a leader," says Prillaman. "I am very grateful to each and every one of them, and I hope to make them proud as I lead this great organization."

Prillaman earned his Bachelor's degree in Fire Administration as an honors graduate of Hampton University in 2004. In 2007, he acquired his Master's degree in Public Administration from Virginia Tech. Prillaman also graduated from the National Fire Academy's Executive Fire Officer School earlier this year. In addition, he has served for the past four years on the Virginia Fire Chiefs Association Board of Directors and he was instrumental in the research, design and construction of the state-of-the-art Roanoke Valley Regional Fire Training Tower on Kessler Mill Road.

Rickman

A little over three months after his appointment, Prillaman named **Matt Rickman** Salem's new Deputy Fire Chief. Rickman joined the Salem Fire Department in the summer of 2005. He was named a Paramedic and Senior Firefighter in 2008 and in November of 2011, he was elevated to the rank of Captain and named the city's EMS Coordinator.

"I am humbled and thankful for the opportunity to serve the City of Salem as the department's Deputy Chief," says Rickman. "The experiences that have been offered to me as an employee of the City of Salem Fire-EMS Department have allowed continual growth and development both professionally and personally.

Rickman earned his Bachelor's degree at Radford University majoring in Biology with a Chemistry minor. He earned his Associate of Social Sciences in Fire Science degree from Virginia Western and his Master's degree in Public Administration from Troy University. He also has completed three years of the four-year Executive Fire Officer Program. In addition, he has served as an emergency room paramedic, emergency health sciences skills instructor and a life support instructor for LewisGale Medical Center, Jefferson College of Health Sciences and Carilion Clinic Corporate University.

A Classy Rating

Salem Fire Department and the city, in general, recently received some outstanding news from the Insurance Services Office. This classification agency which assesses a community's fire protection services and assigns it a level of competency, elevated Salem's status from Class 4 to Class 2.

"This puts us in the top two percent of all rated communities in the nation," says John Prillaman, Salem Fire and EMS Chief. "This new classification should benefit everyone in the City of Salem, as they may see a decrease in their insurance rates. This will especially benefit the businesses in the City of Salem and may even assist in bringing businesses to the city."

The Insurance Services Office collects information on municipal fire-protection efforts in communities throughout the United States and then analyzes the data to help establish fire insurance premiums. Of the 48,855 rated communities in the country, only 97 are Class-1 and only 917-have Class 2 distinction.

"I have never heard of a community moving up two grades in one evaluation period," says Kevin Boggess, Salem City Manager. "I think this is largely due to Chief Prillaman's efforts and is great news for the entire city."

Clearing Roads & Filling Stomachs

Nothing goes with snow removal quite like a hot chicken sandwich. The City of Salem once again did an amazing job of keeping Salem's streets plowed and schools open during the snow and ice storms this winter and no one appreciated that more than the folks at Chick-fil-A.

The West Main Street eatery said thanks to the men and women at the Street and Maintenance Department, the Water Department and our school bus drivers by providing them with on-site lunches. Owner **Vanessa Miles** hand delivered hot sandwiches, chips and cookies and offered a special thank you for their outstanding snow removal efforts.

She applauded their work and told them how vital their efforts are when it comes to keeping the economy moving in the city.

Street & Maintenance Department Director Mike Tyler, Chick-fil-A's Vanessa Miles and Sanitation Superintendent John Wade

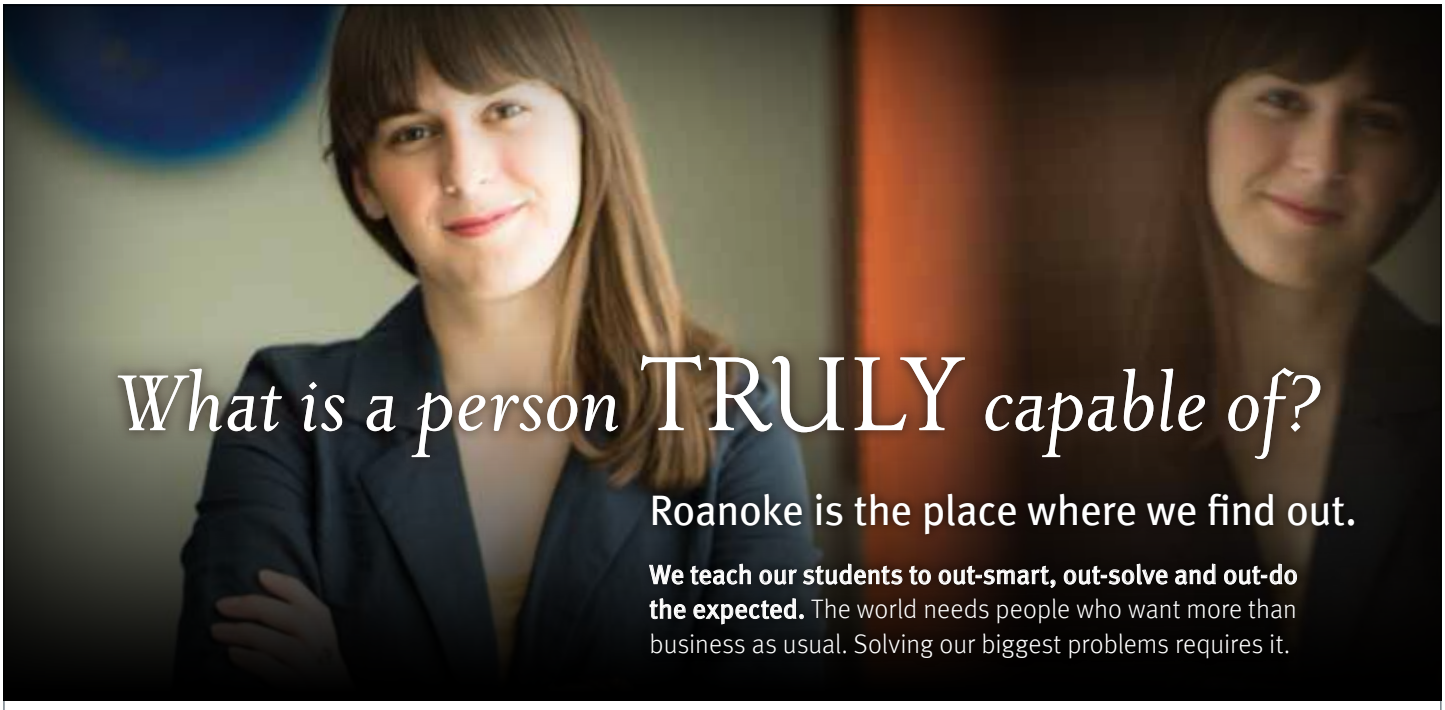
(Back L-R) Austin Coulling, Coach John Fedison, Head Coach Steve Magenbauer, Zach Hoyt, Cody Peregoy (Front L-R) Kyle Reighard, Coleman Fox, Isaiah Parker, Tyler Fedison

Magnificent Salem Seven

Salem High School has sent its share of student-athletes into the college ranks in a variety of sports since it opened for business in 1979, but the 2014 football season created something very special. An unprecedented seven different players from the 2014 State runner-up Salem Spartans football team signed scholarship paperwork in February.

Coleman Fox and **Zach Hoyt** signed with the Virginia Tech Hokies, while four players – **Tyler Fedison**, **Isaiah Parker**, **Austin Coulling** and **Cody Peregoy** inked scholarships to play at VMI. **Kyle Reighard**, the final member of the largest group of football signees since Andrew Lewis was a high school, signed with Charleston Southern.

The 2014 Spartans featured 20 seniors who helped win 14 straight games before falling to Lake Taylor in the 4A title game.



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Freedom First Continues Community Grant

For the second straight year, the City of Salem's Farmers Market has been awarded the competitive Freedom First Community Grant Award. Salem Mayor **Randy Foley** accepted a $5,000 check on behalf of the city at the January 26 Council meeting from Freedom First Vice-President **Dave Prosser**.

The generous award will allow the market to once again offer matching funds for its Electronic Benefit Transfer (EBT) users May through October. For example, a SNAP program participant who spends $10 on fresh food and produce at the Salem Farmers Market will receive $20 worth of food.

Salem Residents Honored by JDRF for Mission Support

Mary Lou Bruce, Betsy Burtis, Rachel White and Sally Southard

Salem's **Mary Lou and Stewart Bruce** were honored this spring by the Greater Blue Ridge Chapter of the Juvenile Diabetes Research Foundation. Soon after being diagnosed with Type 1 diabetes 14 years ago, Mary Lou became actively involved in the chapter's programs and fundraising.

She and husband, Stewart, who is a senior vice president at Graham White Manufacturing, have given freely of their time and resources to help find a cure for the autoimmune disease. However, the chapter's President, **Charlotte Kidd**, says the Brucess "can do" spirit and positive attitude are truly the reasons so many people rally around them and the cause.

"Mary Lou's passion, support and caring attitude for JDRF's mission is what makes our organization so successful," says Kidd. "It is people like her that make us all want to work harder to find a cure for Type 1 diabetes."

In 2014, Mary Lou and former Salem School Board Chair **Sally Southard**, who is also a Type 1 diabetic, took part in a cutting edge clinical trial at the University of Virginia. The two were roommates for a week as they tested the new artificial pancreas project, in which a smart phone helps monitor and control insulin levels.

The Bruces were honored at JDRF's 12th annual Denim and Diamonds gala in late March where more than $400,000 was raised.

SHELOR MOTOR MILE

BLUE RIDGE Music Festival

SALEM • VA

Saturday May 30

Brad Paisley

Jerrod Niemann
Charlie Daniels Band
The Swon Brothers
Will Hoge
Craig Wayne Boyd
Jamie Lynn Spears

Sunday May 31

Florida Georgia Line

Colt Ford
Dustin Lynch
Frankie Ballard
Chris Lane
Clare Dunn
Bryson Jennings

SALEM STADIUM
Taliaferro Complex

Outback Steakhouse
citi

Two-day and single-day tickets available
via ticketmaster.com and Salem Civic Center box office.

www.blueridgemusicfestival.com

Terry Earns Top Art Selection

Every year, the Commonwealth of Virginia holds an art show featuring pieces from grade school students from across the state. The top winning pieces from each region are displayed at the Capitol Building in Richmond for an entire year.

Enter West Salem second-grader **Elena Terry**, who submitted a farm scene featuring vibrant sunshine, a bright red barn, waving scarecrow and several animals.

"Elena pays so much attention to some of the smallest details and it shows in her work," said West Salem & G.W. Carver Art Teacher **Ashley Harmon**. "She has an amazing eye and she's very talented."

Terry's artwork won the regional contest against high school art students twice her age. It is now displayed outside of 8th District Delegate **Greg Habeeb**'s office.

"I really enjoy using different colors and drawing animals," Terry said.

Her colorful artwork will be displayed until January.

"I'm so proud of her," Harmon said. "Her talent will take her far."

Salem Fair

EST. 1988

July 1 - 12

Don't miss the 2015 edition of the Salem Fair! Located in the heart of the Roanoke Valley on the grounds of the Salem Civic Center Complex, the Salem Fair is one of the top 100 fairs and expositions in America. Admission is always FREE!

www.salemfair.com

Civic Center Celebrates 25th D-III Hoops Title

For 25 straight years, the road to an NCAA national championship has ended here in Salem.

The Salem Civic Center hosted its 25th consecutive NCAA Division III men's basketball championship this past March 20 & 21. The team from Wisconsin Steven's Point won the title for the fourth time inside the Civic Center.

Four teams from around the country earned a spot in the semifinal games in Salem – Augustana College from Rockville, Ill., Babson College from Boston, Ma., Wisconsin Stevens Point from Stevens Point, Wi. and Virginia Wesleyan from Norfolk.

The evening before the semifinal games featured a banquet by the Civic Center staff on center court. For the post dinner entertainment, each team was represented by one of their captains and coaches talking about their experience of the event and the tough road to get to the championship.

Augustana defeated Babson in the first semifinal game and Wisconsin Stevens Point snuck by Virginia Wesleyan to advance to the championship. The Pointers then defeated Augustana for the title.

Emergency Renovation

Some of Salem's best firefighters recently proved that they also have the ability to multi-task to improve their working environment. Personnel assigned to Station 3 just finished renovating their living quarters with a remodeling job that saved the city and taxpayers thousands of dollars.

Station 3 is located on Eddy Avenue and it was originally built to house just two to three people in an open space concept, but by the early 1990s five first responders were working out of that facility.

"Sleeping arrangements got to be a bit tight in that room, especially when we went to 24 hour shifts for our personnel in 2005," says **Matt Rickman**, Salem Fire and EMS Deputy Chief.

So, this winter, they turned the one large room at the firehouse into four separate bunk rooms and converted an old office to the fifth bedroom in the facility.

"This not only gives our personnel more privacy but it is also more sanitary in case someone has a cold or is getting over an illness," he says. "Having separate living spaces should really cut down on people getting sick."

The Salem Fire and EMS Department is fortunate to have a core group of DIY experts who travel from station to station to make improvements to the fire stations ranging from framing and drywall to electrical and plumbing work. They lead the projects and the firefighters who live at the station also do their part.

"Carrying lumber, helping hang dry wall, painting, helping with trim work and cleaning are done by these folks," he says. "It's really a first class job."

Bringing the Funk

West Salem Elementary's Natalie DiFusco-Funk is named Teacher of the Year.

By Mike Stevens

If you think it's a long shot for a Rhode Island native to become Salem's Teacher of the Year, you might want to know that Natalie DiFusco-Funk has been defying odds for a long time.

"For one thing, I met my husband through mutual friends at the Foxfield horse races and after 11 months of long distance dating we finally got engaged and married," she says. "He was born and raised in Roanoke, so that's how we ended up here."

As a wife, mother and educator, DiFusco-Funk has starred in nationwide teaching videos, conquered the Boston Marathon and consistently prepared her students for the all-important jump to middle school.

"My mom cried when I told her about this honor, and I am very appreciative and humbled by it," says DiFusco-Funk. "I really do love my job and this is something I have wanted to do since I was in the fifth grade myself. There was no other career path for me and I just feel very fortunate that I am able to do something I love every day and get paid for it."

She began her teaching career in Newton, Massachusetts, a suburb of Boston, where she taught fourth grade for seven years. In 2010, she moved to Virginia and was hired as a reading specialist by Botetourt County schools. The next year, she joined the Salem School Division and returned to the classroom as a fifth grade teacher at West Salem.

"My goal every year is to create a community in my classroom where the students are happy and feel

Natalie DiFusco-Funk at the annual Teacher of the Year reception with her husband Brandon and their son Frankie.

safe to share ideas and learn," she says. "I love teaching all subjects, but one of my favorites is writing because it allows me to enter a child's world and learn more about my students."

"One of her best gifts as an educator is her ability to establish a positive classroom atmosphere," says Debbie Carroll, West Salem Elementary Principal. "She truly gets to know her students and when you enter her classroom you immediately feel it is a student centered community where children take part in setting goals for themselves, feel safe to express their ideas and learn to work together."

DiFusco-Funk grew up in Cranston, Rhode Island and earned both her Bachelor's and Master's degrees from Boston College's Lynch School of Education. She finished her graduate requirements with a perfect 4.0 grade point average as Reading Specialist, but is quick to point out that her inspiration to teach came from somewhere other than a lecture hall in Chestnut Hill.

Her fifth grade teacher at Eden Park Elementary school, Jan Pilibosian, became her role model and inspiration to work with young people. Ironically, the two recently reconnected through social media.

"I just sent her a note thanking her for inspiring me to follow my dreams and my passion," she says. "I always talk about her on back-to-school night and I can still recite the science lesson she did on antibiotics when I was a fifth grader."

Right now, her biggest passion is her young son, Frankie.

"I really love my job more than ever now that I am a parent," she says. "I feel like I am a better teacher since becoming a parent because I know how parents are feeling when they entrust me with their children."

She and her husband, Brandon, now make their home in Roanoke County with one-year-old Frankie, and it was Brandon's unique marriage proposal that prompted her southern migration. Just a month before DiFusco-Funk competed in the 2010 Boston Marathon, running for the Leukemia and Lymphoma Society Team in Training, Brandon unexpectedly showed up in Massachusetts at the conclusion of her final 20-mile training run.

"I didn't know he was going to be there and it was definitely very special when he surprised me with a proposal," she says.

Besides making her mark in Salem, DiFusco-Funk's high-energy teaching and outgoing personality also have translated well for the Houghton Mifflin company, which featured her in a series of "Teachers in Training" videos related to integrating technology and building community in the classroom. Her Master's thesis also is cited on the company's website as a valuable resource.

"As an outsider coming to Salem I wasn't sure how my peers would accept my methods or how they would think of me because I do things a little differently," she says. "Receiving this award to represent my fellow teachers is very special and exciting."

Salem salutes all Teachers of the Year

Angela Diemel
G.W. Carver
Title I Teacher

Sarah Gerrol
Salem High School
Technology Education

Bob Palleria
Andrew Lewis
Physical Education

Bronwyn Thomas
South Salem
First Grade Teacher

Kristen Wilkes
East Salem
Reading Specialist

NO STRINGS ATTACHED

A Salem businessman keeps school music program alive.

By Mike Stevens

When a member of the Roanoke Symphony's board of directors approached Salem businessman Nick Powell about funding a unique musical partnership with the Salem School Division, he opened his checkbook without hesitation.

"Joe Ferguson asked me if I would be willing to front the money to bring this program back," says Powell. "We agreed to start it and, hopefully, we will eventually attract other sponsors and make it even bigger."

The project Powell is funding this school year is the "After School Strings" program where Salem's elementary and middle school students learn how to play the violin with personal instruction from members of the Roanoke Symphony Orchestra.

"Any time that you are working with kids and teaching them new skills it is very rewarding," says Sarah Wardle Jones, the Education Director for the Roanoke Symphony. "We couldn't be more thrilled about this partnership with Salem Tool and Salem City Schools because a big part of the symphony's mission is to entertain and educate."

When Powell, who is the president of Salem Tool, agreed to pay for the program's return, school officials predicted around two dozen students would take part in the classes. Instead, 72 Salem school children are immersed in music with the benefit of professional instruction.

"Studies show that fine and performing arts are important components of a well-rounded education and we are overwhelmed by these participation numbers," says Curtis Hicks, Assistant Superintendent of Salem City Schools. "While we have outstanding music programs in all of our schools, budget constraints had limited our ability to offer strings instruction until Salem Tool got involved."

The tuition-free program only requires that students rent an instrument and buy a book. If they are financially unable to do so, then assistance also is available to ensure their involvement.

"I'm excited that it has been so successful, because when you put a little money out there and see that it's creating synergy and opportunities for kids, then it is money well spent," says Powell. "Plus, I think from the symphony's viewpoint, you can't just play music, you have to get out and be totally integrated into the community."

Powell's daughter-in-law, Shaleen Powell, is a violinist with the RSO and one day in the future a Salem student from one of these classes could very well follow in her footsteps.

"In our youth programs we have a string orchestra and a youth orchestra and we wanted to make sure that we started training kids in Salem so that they could become part of the pipeline that feeds our youth orchestras, our audiences and maybe even our professional orchestra one day," says Jones.

Over 70 Salem students are participating in the program.

Symphony Violist Bryan Matheson teaches methods.

Salem Tool President Nick Powell and Roanoke Symphony Education Director Sarah Wardle Jones were recognized at the March School Board meeting by Chairman David Preston and Assistant Superintendent Curtis Hicks.

Gimme Shelter

Salem special needs youth contribute to their own community.

By Mike Stevens

When the folks at the Salem Animal Shelter need a little help getting things straight, they know they can always count on Salem High School students who are enrolled in the Community-Based Instruction program to lend a helping hand.

"We always look forward to hosting this group of young adults," says Rebecca Custer, Salem Animal Shelter Manager. "They are eager to learn and help us do all the hard work involved in caring for the animals and many of them return with their families to adopt and become regular volunteers."

The special needs youth enrolled in this program gain real life on-the-job experiences that in turn help them develop skills they can use to gain future employment and live more independently. Besides the Salem Animal Shelter, the students have worked with the Salem YMCA and the Salem Food Lion this school year.

"I have observed these young people at these events and the students are proud of their work and individual accomplishments," says Randy Jennings, Director of Student Service for Salem City Schools. "One student reported, while in the middle of a task at a local retail store, that he was important to his community and that sense of capability has been echoed by other students in the transition program."

Under the direction of Salem High School Special Education teacher Candice McNew, 10 students are participating in the class this year. Along with the workforce training, these student are also making a real difference by volunteering their time at Feeding America, the Rescue Mission, Spring Tree Nursing Home and Carilion, where they organized a toy drive and delivered gifts to kids at Roanoke Memorial Hospital at Christmas.

"One of our primary goals at Salem High School is to go beyond the content," says Principal Scott Habeeb. "We want our students to apply their learning in a way that serves others and has a positive impact on the community and our Community-Based Instruction program provides these incredible students with an opportunity to do just that. It's exciting to see young people appreciate the fact that they are capable of working hard and making an impact."

Ensuring a Better Future

The Salem Educational Foundation launches a brand new website.

By Mike Stevens

SEF
SALEM EDUCATIONAL FOUNDATION AND ALUMNI ASSOCIATION

You're probably aware that the Salem Educational Foundation and Alumni Association has been giving Salem High School seniors scholarship money for decades, but you may not know that this organization is the oldest and largest public education foundation in Virginia.

With an endowment of $3.2 million, the Foundation plans to hand out 90 scholarships worth an estimated $170,000 to deserving students this June.

"The good news is that we are giving a third of our high school students some type of scholarship and the consensus among our board members has been to help as many students as we can," says Tommy McDonald, the Foundation's President. "We are adding some each year and hope to be over 100 soon."

Salem Education Foundation President **Tommy McDonald**

To help ensure this growth in scholarships and the resources needed to fund them, as well as strengthen alumni records, the Foundation has launched a new website that brings it into the 21st century in more ways than one.

"This new site allows us to push information out and make sure it stays current," says Christine Poarch, SEFAA Board Member. "Having the right people in place to create and maintain this website makes it easier for our entirely volunteer board to more efficiently manage all of this information."

Poarch, like all of the Foundation's board members, serves strictly on a volunteer basis. She, along with WordPress expert Matt Ayers and her own husband, Joey Poarch, created a site that can collect data, process it and customize it to fit everything from a specific group of qualified scholarship candidates to a group in search of an accurate alumni list for the class of 1986.

Salem Education Foundation Board Member **Christine Poarch**

"When the alumni have reunions they come to us looking for a list of names, and this allows us to keep the alumni database current and make sure we have the information linked to the appropriate classes," say Poarch. "We also want to be able to push campaigns related to specific endowments that have an emotional tie to the interested people who want to see them."

Christine's husband built the donor platform and alumni management system that sits behind the website and receives all of the data. His employer, Appirio, has a program called "silver lining" that allows him to do 16 hours of pro bono work a year. He dedicated that amount time and much more to this project and as a result, the board can not only see what they are generating from campaigns, but also accommodate the needs of the board and the needs of the alumni association more effectively.

"I think this gives people the opportunity to go onto the site, point and click and give money in a simple, safe and secure way," says McDonald. "It's much easier than writing a check, and when we are dealing with lifetime memberships and trying to have sustaining members who give on an annual basis, this makes the donations much easier to track."

Another huge feature of the new website is the section that outlines the different scholarships and requirements for the various grants. Some of the guidelines are very specific, and the website now provides parents and students with a complete description of every available scholarship.

"If your kid is a rising junior or senior in high school and they know they are going to be applying for scholarships then this is a wonderful resource that explains what all of the scholarships are, so the student can properly tailor their applications to the requirements of the endowments," says Poarch.

Since 1984, the Salem Educational Foundation and Alumni Association has given graduating Salem High School students more than $3 million to help with their college expenses. The foundation's "Dream Goal" is to one day be able to hand every student some type of scholarship, and this new website, along with an increased social media presence, should help make realizing that goal much more realistic.

"We certainly are always looking for new endowments and the growth of the foundation benefits all of Salem's youth," says Poarch. "The board is comprised almost entirely of Salem alumni, including some who have received scholarships themselves."

Besides the website, the Foundation is getting set to announce the formation of its new "Champions for Children" program. The goal of this initiative is to honor individuals who have done a tremendous amount for the children of Salem and are worthy of Hall of Fame status, but do not qualify because they did not graduate from either Salem or Andrew Lewis High Schools.

"I think we are all committed to the same idea that we want to make sure Salem students have as many opportunities as possible," says Poarch. "The Foundation is here to make sure money is available for higher education and vocational training for our young people now and in the future."

SALEM EDUCATIONAL FOUNDATION AND ALUMNI ASSOCIATION

- Founded in 1983 by Andrew Lewis HS alumnus Dr. Richard Fisher
- Two scholarships were awarded in 1984
- 90 scholarships will be awarded this year
- Endowment - $3.2 MILLION
- WEBSITE: www.sefandaa.org

Animal Instincts

Chris Dillman's service to the Salem community has earned recognition from his peers.

By Mike Stevens

Salem's Police Officer of the Year for 2014 is a veteran Animal Control Officer who has seen it all in his 28 years on the force.

"Chris is a veteran officer and his service to the city has been exemplary," says Tim Guthrie, Salem Police Chief. "I am so pleased that he has been selected by his peers to receive this award. It is truly an honor."

Back in February of 2014, Senior Officer Dillman was on his way to another call shortly after starting his regular shift when he heard radio traffic in reference to a possible incident of workplace domestic violence. A male suspect had made threats to his girlfriend and was thought to be headed to her place of employment. Dillman had a description of the suspect's car and information that the man was possibly armed when he began driving in that direction.

"He had made the claim that he was coming to the woman's office to kill her," Dillman said.

Dillman quickly spotted the vehicle, but noticed that the person in the car didn't quite match the description of the would-be-suspect. Just as he was verifying the license plate number, the man stepped out of his car and headed toward the building.

"I immediately got out of my vehicle and ordered the suspect to get on the ground," he said. "We were able to detain and handcuff the suspect and take him into custody. Fortunately, he was unarmed and we haven't had any more problems."

Dillman is a 1986 Salem High School graduate, who joined the Salem P.D. as a dispatcher in October of that same year. In the fall of 1992, he became a sworn police officer in the Animal Control Unit, where he has served since that time.

"Over the course of his career, Chris has continued to grow personally and professionally," says Mike Crawley, Salem Deputy Police Chief. "His leadership and unselfishness have made him a true asset to the police department and the Salem community."

During his career with the Salem P.D., Dillman also worked for 15 years as a member of Salem's Emergency Response Team (ERT) and he served on the Department's Color Guard for 20 years.

OFFICER OF THE YEAR

Dillman (second from right) served on the police color guard for over 20 years.

"What makes this job exciting is that I get to do the animal control side and the other police work that involves protecting and serving the public in all areas," he says. "That's why we take the oath we do, and respond to all of the calls in the city."

In his nearly three decades with the Animal Control Unit, Dillman has only been bitten twice – once by a beagle and the other time by a cocker spaniel.

"We're very fortunate that we rarely have dogs attack us and those instances are much less than people think," he says. "Animal Control and police work often are about educating people and many times they don't understand that the care and shelter they are providing for their pets isn't adequate."

While the dog bites have been few and far between, the deer sightings throughout the city are basically an everyday occurrence for Dillman and the other members of Salem's Animal Control Unit.

"We have had deer from one end of Main Street to the other, we've had them wandering around the Farmers Market and really there isn't a single place in Salem we haven't seen deer," he says. "Mainly we just hope they don't run into houses or through windows."

Dillman is an avid outdoorsman who owns the hunting accessory company, Backwoods Drag. He and his wife of 27 years, Tonia, have three children and reside in the Glenvar area of Roanoke County.

"I was very humbled to simply be nominated, but to actually be selected by my peers is a big honor and something that is very special to me," he says.

Dillman was a member of the Emergency Response Team in the Salem Police Department for 15 years.

Police Make New Chief Appointments

Just like the two men who preceded him in the job, Salem's new Police Chief made his way to the top of the city's law enforcement ladder by gaining valuable experience at every stop along the way.

City Manager **Kevin Boggess** appointed **Tim Guthrie** Chief of Police for Salem in December. He replaced **Jeff Dudley**, who retired as Salem's Chief on December 1.

"I cannot begin to say how grateful I am to have been given this opportunity to serve as your Chief of Police," says Guthrie. "I have had the opportunity to serve under many great leaders and I am ever so thankful for the investment they made in me."

Guthrie has been with the department since 1981 and learned many valuable lessons while working under former Chiefs **Jimmy Bryant** and Dudley. During his 33 years with the Salem Police Department he has served as a Patrol and Traffic Officer, Narcotics and General Investigations Detective, Detective and Services Division Sergeant, Services Division Lieutenant, a Captain and Major.

"I would be remiss if I did not mention the employees of the department who are without a doubt the best group of men and women a community could ask for," he says. "Their dedication to serve is paramount and I look forward to being part of their continued growth."

Boggess and Guthrie appointed Sgt. **Mike Crawley** new Deputy Chief.

"I am humbled by the opportunity to serve alongside the men and women of the Salem Police Department," says Crawley. "As we move forward it will be imperative that we build on our excellent staff relations, our work within our communities and development of policing strategies to ensure that we continue to have a progressive service."

He began his career with the Salem Police Department in 1999 as an Officer assigned to the Patrol Division. After completing field service as a Patrol Officer, he was promoted to the rank of Senior Police Officer and transferred to the Detective Division in 2004 where he was assigned to the Special Investigation Unit. In 2006, Crawley was transferred to the General Investigative Unit where he rose to Sergeant.

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SPRINGING BACK TO LIFE

Lake Spring Park's renovations bring a new beginning to Salem's iconic scenery.

When city officials decided last fall to completely shut down Lake Spring Park for extensive renovations, they knew this would be a defining moment for the city landmark.

"The park had gotten to the point that one way or the other it had to be fixed," says Mike Tyler, Salem Street and Maintenance Director. "We could no longer allow the park in that condition to be a black eye for the city."

Lake Spring had been a popular attraction for citizens and visitors dating all the way back to the late 1800s when the area was home to the once popular Lake Spring Hotel. In more recent times, Lake Spring Park has been the site of hundreds of wedding photos, prom pictures and, to this day, it is easily the most photographed place in the city.

Unfortunately, it also had become one of the filthiest places in the city. The ducks and geese that were supposed to compliment the lake were dropping feces from one corner of the park to the other and often right in the middle of the pedestrian walkways.

For months, city officials studied and researched the situation trying to find long term solutions to the problems. They decided on a plan that would bring the park back to life and once again make it an enjoyable place for children, parents and visitors.

The improvements that have been executed by our Street and Maintenance Department employees during the winter and early spring have been extensive and successful. We have installed over 900 feet of brand new ornamental fencing that was built from scratch with the help of Salem High School students. We have added a landing area for the ducks to call home in the back of the park that is complete with river rock, automated feeders and covered houses.

Over 100 feet of new concrete walkways are now in place that allow you to walk from one section of the park to the other uninterrupted. Flower beds, sod and shrubbery have been planted and a brand new filtration system has been added to ensure that the water in both ponds stays as fresh as possible.

In addition, vending machines that contain the correct type of food for the ducks are available throughout the park. Animal Control Officers also have helped educate the public on why no one should feed the ducks bread, french fries, donuts or other foods that lack nutritional value. Having the public embrace this new feeding plan is critical for the success of this project.

"No pun intended, but we felt like the park was at the point where it was either going to sink or swim," says Tyler. "We feel like this project has certainly helped eliminate the nastiness that existed and it has enhanced the park overall."

Giving the ducks the right kind of food and a defined area that they can now call home has given Salem its treasured park back. The city invites you to enjoy it in person and to also flip through the coming pages to see the timeline of recent improvements for yourself.

2010

2011

IN SEARCH OF IDEAS

Ducks dominated the sidewalks, park benches and grassy areas in more ways than one. Searching for a solution, Street & Maintenance Department director Mike Tyler and other city representatives met with Staunton Parks & Recreation Director Chris Tuttle here in Salem and at Staunton's Gypsy Hill Park Duck Pond that has a similar duck population, but fewer problems.

August 2014

Gypsy Hill Park in Staunton

FROM METAL TO MAGIC

Lake Spring Park's new renovation project included 900 feet of steel fencing surrounding the water and perimeter of the park. Instead of purchasing the new fence, Tracy Divers and members of the Street & Maintenance Department used a muffler pipe machine to bend the rods to create the fence pieces one-by-one, saving the city thousands of dollars.

Salem High School Fencing Team

The Salem High School welding classes more than did their part to help bring Lake Spring back to life. The students in instructor Josh Graham's classes worked on the fence for 10 weeks spending approximately two hours a day welding the rods to the cross frame pieces. Graham estimated the students spent 100 hours on the project, positively impacted their community and gained some valuable on-the-job-training.

(Back L-R) Alex Perkins, Dallas Clyburn, Eric Tincher, Eber Mateo, Hayden King, Instructor Josh Graham, Jerry Stafford, Austin Wingate, Isaac Germond, Anthony Simmons, Nic Duddy, and Zach Wright. (Kneeling Front) - Tyler Welch and Thomas Gay

TAKING ACTION

Work began at the park in the middle of winter as crews began clearing out dead trees and overgrown brush on the hill in the back of the park. While this work was taking place, other members of the Street and Maintenance Department began securing fence posts in the ground and placing the steel fencing around the two ponds. Over 120 tons of rock was placed in the landing area at the back of the park for the ducks to call home. TOP (Brad Blankenship and Stony Roop install fence posts, while Rodney Wilson cuts a dead tree trunk down to size)

WOODWORKING

Making the additions to the park aesthetically pleasing was almost as important as making sure they were functional. Maintenance shop master woodworker Cecil Epperly built the solid oak sheds that house the automated feeding machines in the landing area. He also designed and constructed the other duck houses that became instant gathering spots for the water fowl as soon as they were installed.

INFRASTRUCTURE

Along with the 900 feet of new fencing at the park, workers have put down over 100 feet of new cement sidewalks, curbing and sod. In addition, the most important improvement may be the one you never see. A new pump and filtration system has been installed underground to make sure fresh water makes its way from the spring in the back of the park all the way to the front pond. This should help keep the water cooler and fountains should have less problems with algae building up on them.

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MAKING IT COUNT

Fire Chief Pat Counts devoted his life to his hometown of Salem with 40 years of service.

By Mike Stevens

If recently retired Fire and EMS Chief, Pat Counts, had hoped to ease into his leadership role back in 2001, any plans for a gradual transition were quickly dashed when the Twin Towers were attacked by terrorists on September 11 of that year.

"We had known for years that Roanoke, Salem, the Roanoke Valley and the New River Valley were possible targets because of the railroads and the arsenal in Radford, so we knew we were in the circle of areas that could have been attacked that day," he says. "That was quite the start to my tenure."

Counts had been in the chief's chair exactly one day when the entire world was turned upside down. Like all emergency responders, he will never forget that tragic morning or the ramifications of the attacks.

"The awareness that came about because of it was the biggest thing I remember," he says. "Our hazmat officials were suddenly extremely busy and instead of dealing with spills and chorine we were suddenly concerned about anthrax and other chemicals."

When he retired in December of last year after 40 years of service to the citizens of Salem, 9/11 remained one of his most vivid memories.

"It was always said that firefighters aren't too bright because when a building is on fire and everyone is running out, they are the ones running in," he says. "After 9/11 we all started assessing the scene and the surroundings more than ever before."

EMPTY BOTTLES TO A FULL CAREER

Counts had wanted to be a firefighter ever since he was a little boy, but first he had to focus on his chores at his father's grocery store on Eddy Avenue. Counts Grocery was a fixture in that south Salem neighborhood from the late 1950s through the mid-1980s and Pat enjoyed everything about working there except for sorting the menagerie of drink bottles that customers returned for a two cents deposit.

"The one thing I learned from those experiences and from my dad in general, was the importance of working hard no matter what the task happened to be, even sorting those bottles," says Counts.

Salem born and Salem bred, Counts graduated from Glenvar High School in 1970, and like so many young men with a desire to serve and help others, he joined Salem's Volunteer Rescue Squad.

"I really fell in love with firefighting while I was working with the Salem Volunteer Rescue Squad, but at the time, for some reason, Chief Hartman didn't hire anyone off of the rescue squad," says Counts.

Chief Ronald Hartman may not have looked in that direction for new hires, but fellow rescue squad member Randy Smith, who was the city's Personnel Director

COUNTS BY THE NUMBERS

Years of Service – 40
Hired – 1974
Promoted to Lt. – 1990
Named Fire Chef – 2001

Counts (top left) with his fellow officers at the 9/11 rememberence event in 2011 at the Roanoke City Market.

and Coordinator for Emergency Services at the time, made sure Counts got a fair shake.

"We served together for a number of years on the rescue squad and my impression of Pat was that he was a solid and knowledgeable first responder and he was the type of person you always wanted in a bad situation because he did not get rattled or stressed," says Smith. "His career in public safety is one of distinction and he should be proud of the difference he has made in so many lives."

"Randy put in a good word for me, but I never had any idea whatsoever that I would climb the ranks to become chief," says Counts. "I just wanted to be a firefighter and, to this day, I miss riding on the back of the engines."

QUITE A RIDE

Back in 1974, when Counts started his career in Salem, the firefighters literally stood on the back bumper, known as the tailboard, and routinely traveled above the speed limit to get to emergencies. For 16 years he rode the engines on hundreds of calls, including one in 1976 that left him upside down in the middle of College Avenue.

"I was assigned to Station 1 and we got a call that there was a fire at Mohawk Rubber, which is now Yokohama," he says. "I was riding shotgun in the front seat when we approached the intersection of 4th and College."

An elderly couple was traveling on 4th street and didn't hear or see the sirens and flashing lights, so the driver of the fire truck had to violently swerve to keep from running over them. When he did so, the 500 gallons of water on the tanker truck shifted violently from one side to the other and the fire engine completely flipped over on its roof.

"The two guys riding on the back were thrown off and I was basically pinned in the cab standing on my head until the windshield was broken and we were able to crawl out," he says. "It's a wonder no one was seriously hurt."

Just like it took him awhile to get over that incident, Counts readily admits that it took him several weeks to realize he was actually retired and not on some type of extended vacation.

"I missed the daily interaction with all of the people in the office and at the fire stations," he says. "As I look back, working for the city just opened up so many doors and opportunities for me and my 40 years just flew by."

Counts already has plenty to do in retirement thanks to his wife, Kris, three grown children and four grandchildren who live in Salem and Reston.

"Owen, who just turned three last month, had a firefighter theme for his birthday party," he says. "I loved being a firefighter so much that if they had decided to cut my pay, I probably would have done it anyway."

That might be a slight exaggeration, but Counts has seen plenty of job applications over the years to back up his claim that there's just something special about serving the public as a firefighter that still appeals to men and women of all ages.

"There is just something that draws people to the Fire and EMS service," says Counts. "Over the years, we had a rocket scientist who had a master's degree in aerospace engineering apply as well as attorneys, horticulturists, financial advisors and criminal justice majors."

Not to mention, one dedicated former pop bottle sorter.

Current Chief John Prillaman, City Manager Kevin Boggess and Counts accept a new thermal imaging camera paid for by donations made from Firehouse Subs on Main Street in Salem.

Counts speaks with the media during a call in 2014.

Counts, with three of his four grandchildren and his wife Kris, celebrates at his retirement reception in December.

WDBJ's Mike Stevens interviews Salem football coach Willis White for a feature on Friday Football Extra in August 1988.

EXTRA SPECIAL HONOR

The popularity of WDBJ's high school football broadcast led to a selection to the Virginia Sports Hall of Fame for Mike Stevens.

By Clark Ruhland

Salem is known for many things like Roanoke College, the Salem Red Sox, Olde Salem Days and Mac & Bob's to highlight just a few. However there's one thing that stands out across the state, and that is Salem's High School football program.

The Spartans have won six state championships since 1983 under head football coaches Willis White and Steve Magenbauer. One year after White was hired, a local television station took a chance on a new show centered around high school football.

Jim Shaver, former News Director and Vice President at WDBJ, knew that high school football in Southwest Virginia was more than just a game. In 1984, he convinced WDBJ to take a chance on a 15-minute Friday night highlight telecast known as "Friday Football Extra".

"Friday night high school football games involve the community more than any other time aside from church on Sundays," Shaver explained. "Somebody's kid was playing in the band, somebody's kid was cheerleading and the players were on the field. It's a sense of community pride."

John Kernan hosted the show for the first few years before Mike Stevens took over the duties in 1987. Stevens previously had covered local sports when he worked at K92 before joining WDBJ's sports team in 1985.

"We did the morning show together and Mike's big thing was sports," said former K92 radio host Larry Dowdy. "It was one of those things that was magic."

That magic translated to Friday Football Extra. Stevens became the driving force behind what would become the premier sports television broadcast in the Commonwealth of Virginia. This year, Stevens was inducted into the Virginia Sports Hall of Fame for his contributions to sports in the state.

"Friday Football Extra was huge when I played. I remember every Friday after our games, we would rush to go to a teammate's house. Easily we would have over 100 people in a house just to watch highlights. Everybody was quiet when they started, but it was a party every night."

Former Salem star Running Back Dennis Haley

Stevens hosted Friday Football Extra for over 20 years. The broadcasts focused on more than the game. It was a chance for big cities and small towns like Salem to see their own team on television. It was a show ahead of its time.

"There's no way we expected the impact a show like Friday Football Extra would make. It's pretty cool how it did," explained Mark Brown, the show's first producer. "When WDBJ launched the show in 1984, it was a novel idea and it just took off. That is a credit to the people that worked on it and a credit to the host."

Beyond the viewing area, many local television stations outside of the viewing area took note of how a high school football show should be produced.

"WDBJ was respected across the country for Friday Football Extra. People in the business knew about how innovative a show like that was," said former WDBJ Sports Reporter Steve Mason. "It was a blast. You felt like you were a part of the game and part of the excitement. It was a challenge because you had to be so meticulous with your time."

Friday Football Extra quickly grew to a 30-minute broadcast due to the number of games featured each week. Every one of the station's photographers would travel to one or two of the games in a night, all carefully mapped and planned by Stevens.

"If we got 12 games on a standard night, that was 24 communities on the air," said former WDBJ photographer Travis Wells. "Mike wanted us to get shots of the families and fans, the cheerleaders, the players, the band or the concession stand. Yes, it's about football, but it's also about communities."

Salem was one of the primary schools covered in each broadcast. Coach White turned the Spartans into a powerhouse battling for state championships as the show's popularity also turned into its own powerhouse. The stars of Salem high school were featured every Friday night on WDBJ during their first championship run in 1996.

"Friday Football Extra was huge when I played. I remember every Friday after our games, we would rush to go to a teammate's house," said former Salem star running back Dennis Haley. "Easily we would have over 100 people in a house just to watch highlights. Everybody was quiet when they started, but it was a party every night."

Haley was featured as a player of the week during his four years with the Spartans from 1996-99. He scored 63 touchdowns over his career, always looking for the cameras during every game.

"We would be standing on the sidelines looking for the Channel 7 camera," Haley said. "'Are we going to be on TV tonight? Yep, we sure are.' We loved seeing them on the sideline. It was the greatest show on earth. The way they captured the event was great."

It was like that all across the WDBJ viewing area. The show dominated the Friday airwaves from Galax to Appomattox, Danville to Hot Springs. Fans enjoyed the shows, but it was also a battle between photographers to give Stevens the best highlights every week.

"As photographers, we would go out and shoot our games and then come back and compare highlights. It turned into a friendly competition," Wells said. "The great thing about Friday Football Extra is that everybody at the station took ownership in it."

The Virginia Sports Hall of Fame is located in downtown Portsmouth and four others with Salem ties are enshrined there. Roanoke College basketball players Paul Rice and Frankie Allen, Maroons Coach Charlie Moir and Roanoke College graduate and sports writer Bob McLelland.

Roy Stanley and Mike Stevens worked together on Friday Football Extra for over 300 shows before Stanley's sudden passing in 2002. Both grew up in Southwestern Virginia and knew the value that high school football had in the small communities inside the WDBJ viewing area.

It was a team effort and Stevens was the glue that held it together, making local sports fun for the staff and viewers on a weekly basis.

"Mike is quick to give other people credit, but he was the one that made the show what it is today," Brown explained. "He wasn't just the host. The way he was able to interact with the players, the coaches and the station staff, it made Friday night special."

That interaction lasted beyond Friday nights. Haley went on to play linebacker at the University of Virginia after graduation and still stayed in contact with Stevens.

"I would see Mike come to my first high school practices and got to know him all the way through college," said Haley, who played in the NFL for the New York Jets, Baltimore Ravens and San Francisco 49ers. "Speaking at a news conference in Charlottesville and looking over at the reporters to see Mike there, it was comforting. He was from home."

Stevens left WDBJ in 2008 to become the City of Salem's Communications Director after 23 years on the air. The program has continued without missing a beat thanks to a former photographer turned Sports Director.

"It would be a huge hole in this community if the show ever went off the air because it means so much," said Wells, now the host of Friday Football Extra. "Who knew that three decades later we would still be going strong? People rush home from games to watch highlights for 16 weeks in the Fall."

That's all thanks to the efforts of Stevens, who didn't miss a single show – over 350 consecutive broadcasts – 'Always doing it for the people'.

"I was fortunate to work with so many talented people who made me better both on the air and off of it," Stevens said. "It's very gratifying because I never believed in entering my work in contests and I always tried to encourage those who have worked with me to avoid self-promotion and do their best to stay humble."

Stevens is now the Communications Director for the City of Salem after working 23 years as the WDBJ Sports Director.

That humility and love of sports made the premier broadcast on WDBJ what it is today.

"Friday Football Extra matured so quickly and Mike drove it there," Shaver said. "That show is the one thing that keeps that late news relevant to people in the marketplace. It had a high profile and it was all local. It made WDBJ *the* local television station."

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SALEM VA

2014 WATER QUALITY REPORT

We're pleased to present to you this year's Annual Water Quality Report. This report is designed to inform you about the quality of water and services we deliver to you every day. Our constant goal is to provide you with a safe and dependable supply of drinking water. We want you to understand the efforts we make to continually improve the water treatment process and protect our water resources. We are committed to ensuring the quality of your water. Our water source is the Roanoke River, and three (3) ground water wells. In emergency situations we purchase or exchange water with the Western Virginia Water Authority (WVWA).

The Virginia Department of Health has completed a source water assessment for our waterworks system. This assessment provides information on possible sources of contamination to our source water. As determined by the source water assessment, the possibility of contamination to our water source (Roanoke River) is high. This is due to the fact that surface water is exposed to an inconsistent array of contaminants at varying concentrations due to changing hydrologic, hydraulic and atmospheric conditions with land use activities of concern in the assessment area. To view a copy of this water assessment, please contact the City of Salem Water Department office at 540-375-3029.

Please remember that we need your help in the protection of this valuable water resource.

SALEM
WATER DEPARTMENT

WHAT'S NEW?

Our utility is committed to protecting public health and meets or surpasses all state and federal health standards for tap water. We constantly monitor for various constituents in the water supply to meet all regulatory requirements. Monitoring various sites in the distribution system helps us to better protect public health. To help advance the science of drinking water, we collected data for the USEPA on the occurrence of 21 compounds in the water supply **(please see table for Unregulated Contaminant Monitoring)**. This is the first step in the USEPA's efforts to determine whether they should be regulated. The presence of a compound does not necessarily equate to a health risk; the concentration of a compound is a far more important factor in determining whether there are health implications. We will closely monitor the concentration of these compounds, should the USEPA ultimately determine that regulation is warranted, we will take whatever steps are necessary to protect the health of our citizens.

WHO CAN I CONTACT?

This report shows our water quality and what it means. If you have any questions concerning this report or your water utility, please contact

Frank Young – Chief Water Treatment Plant Operator, or Marcus Potts – Chemist at 540-375-3029. We want our valued customers to be informed about their water utility. If you want to learn more, please attend any of the regularly scheduled City Council meetings. They are held on the second and fourth Monday of each month in council chambers.

The City of Salem Water Department routinely monitors for constituents in your drinking water mandated by Federal and State laws. The following table shows the results of our monitoring for the period of January 1st to December 31st, 2014. All drinking water, including bottled drinking water, may be reasonably expected to contain at least small amounts of some constituents. It's important to remember that the presence of these constituents does not necessarily pose a health risk.

In the following table you will find many terms and abbreviations you might not be familiar with. To help you better understand these terms we've provided the following definitions:

Non-Detects (ND) - laboratory analysis indicates that the constituent is not present.

Parts per million ***(ppm)*** *or Milligrams per liter (mg/l)* - one part per million corresponds to one minute in two years or a single penny in $10,000.

Parts per billion ***(ppb)*** *or Micrograms per liter* - one part per billion corresponds to one minute in 2,000 years, or a single penny in $10,000,000.

Parts per trillion ***(ppt)*** *or Nanograms per liter (nanograms/l)* - one part per trillion corresponds to one minute in 2,000,000 years, or a single penny in $10,000,000,000.

Parts per quadrillion ***(ppq)*** *or Picograms per liter (picograms/l)* - one part per quadrillion corresponds to one minute in 2,000,000,000 years or one penny in $10,000,000,000,000.

Picocuries per liter ***(pCi/L)*** - picocuries per liter is a measure of the radioactivity in water.

Millirems per year ***(mrem/yr)*** - measure of radiation absorbed by the body.

Million Fibers per Liter ***(MFL)*** - million fibers per liter is a measure of the presence of asbestos fibers that are longer than 10 micrometers.

Nephelometric Turbidity Unit ***(NTU)*** - nephelometric turbidity unit is a measure of the clarity of water. Turbidity in excess of 5 NTU is just noticeable to the average person.

Action Level - The concentration of a contaminant which, if exceeded, triggers treatment or other requirements which a water system must follow.

Treatment Technique (TT) - A treatment technique is a required process intended to reduce the level of a contaminant in drinking water.

Maximum Contaminant Level - The "Maximum Allowed" (MCL) is the highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.

Maximum Contaminant Level Goal - The "Goal" (MCLG) is the level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.

WHAT DOES THIS MEAN?

As you can see by the table, our system had no violations. We're proud that your drinking water meets or exceeds all Federal and State requirements. We have learned through our monitoring and testing that some constituents have been detected. The USEPA has determined that your water IS SAFE at these levels. In order to ensure that tap water is safe to drink, USEPA prescribes regulations which limit the amount of certain contaminants in water provided by public water systems. (MCL's are set by the U.S. Environmental Protection Agency. In developing the standards EPA assumes that the average adult drinks two (2) liters of water each day throughout a 70-year life span. The USEPA generally sets MCL's at levels that will result in no adverse health effects for some contaminants or a one-in-ten-thousand to one-in-a-million chance of having the described health effect for other contaminants.) Food and Drug Administration (FDA) regulations establish limits for contaminants in bottled water which must provide the same public health protection. This table lists contaminants that had some level of detection. Many other contaminants were analyzed for but were not present or were below the detection limits of the lab equipment. Most of the results in the table are from testing done in 2014. However, state and federal agencies allows us to monitor for some contaminants less than once per year because the concentrations of the contaminants do not change frequently. Some of our data, though accurate, is more than 1 year old.

All drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that the water poses a health risk. Some people may be more vulnerable to contaminants in drinking water than the general population. Immuno-compromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants can be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. EPA/CDC guidelines on appropriate means to lessen the risk of infection by cryptosporidium and other microbiological contaminants are available from the Safe Drinking Water Hotline (800-426-4791) or www.epa.gov/safewater/hotline/index.html

To learn even more about your water after reviewing this report, please call our office at 540-375-3029 or visit the City's website at www.salemva.gov

We at the Salem Water Department work around the clock to provide top quality water to every tap. We ask that our customers help protect our water sources, which are the heart of our community, our way of life and our future.

TEST RESULTS

Contaminant	Violation Y/N	Level Detected	Unit Measurement	MCLG	MCL	Likely Source of Contamination
Microbiological Contaminants						
1. Total Coliform Bacteria	N	0 sample	P/A	0	presence of coliform bacteria > 5% of monthly samples	Naturally present in the environment
2. Fecal coliform and *E.coli*	N	0 samples	P/A	0	a routine sample and repeat sample are total coliform positive, and one is also fecal coliform or *E. coli* positive	Human and animal fecal waste
3. Turbidity	N	0.021-0.094	NTU	n/a	0.3	Soil runoff
4. Cryptosporidium **Most recent monitoring period 2008-2010**	N	1-2	Oocysts per 10 liters	0	99% removal by filtration plus addition as required under the LT2ESWTR	Human and animal fecal waste **THIS IS UNTREATED WATER!!**
5. Giardia lamblia **Most recent monitoring period 2008-2010**	N	2-7	Cysts per 10 liters	0	99.9% removal or inactivation	Human and animal fecal waste **THIS IS UNTREATED WATER!!**
Radioactive Contaminants						
6. Beta/photon emitters	N	1.5	pCi/1	0	4	Decay of natural and man-made deposits
7. Alpha emitters	N	<0.9	pCi/1	0	15	Erosion of natural deposits
8. Combined radium	N	<0.6	pCi/1	0	5	Erosion of natural deposits
Inorganic Contaminants						
9. Antimony	N	< 2	ppb	6	6	Discharge from petroleum refineries; fire retardants; ceramics; electronics; solder
10. Arsenic	N	< 2	ppb	n/a	10	Erosion of natural deposits; runoff from orchards; runoff from glass and electronics production wastes
11. Aluminum	N	0.07	ppm	0.05-0.20	0.20	Metal used in electrical conductors, explosives, paints, photography, utensils
12. Barium	N	0.044	ppm	2	2	Discharge of drilling wastes; discharge from metal refineries; erosion of natural deposits
13. Beryllium	N	< 2	ppb	4	4	Discharge from metal refineries and coal-burning factories; discharge from electrical, aerospace, and defense industries
14. Cadmium	N	< 2	ppb	5	5	Corrosion of galvanized pipes; erosion of natural deposits; discharge from metal refineries; runoff from waste batteries and paints
15. Chromium	N	< 10	ppb	100	100	Discharge from steel and pulp mills; erosion of natural deposits
16. Corrosivity	N	10.9	Aggressive Index	n/a	noncorrosive	Physical property of water
17. Silver	N	<0.01	ppm	n/a	0.10	Naturally occurring in environment
18. Chloride	N	14.6	ppm	n/a	250	Naturally occurring in environment
19. Sulfate	N	30.4	ppm	n/a	250	Naturally occurring in environment
20. pH	N	7.25-7.99	pH units	n/a	6.6 – 8.5	Acidity or basicity of water
21. Total dissolved solids	N	216	ppm	n/a	500	Physical property of water
22. Iron	N	< 0.05	ppm	n/a	0.3	Naturally occurring in environment
23. Manganese	N	0.01	ppm	n/a	0.05	Naturally occurring in environment
24. Nickel	N	< 0.01	ppm	n/a	0.1	Naturally occurring in environment, Used in alloys, protective coatings
25. Zinc	N	< 0.01	ppm	n/a	5	Naturally occurring in environment, Used in alloys, batteries, fungicides

26. Color	N	<5	Color units	n/a	15	Physical property of water
27. Sodium	N	7.44	ppm	n/a	n/a	Naturally occurring in environment
28.Chlorine	N	0.90-1.68	ppm	4	4	Required disinfectant added during the treatment process to eliminate bacteria
29. Fluoride	N	0.15-0.82	ppm	4	4	Erosion of natural deposits; water additive which promotes strong teeth; discharge from fertilizer and aluminum factories
30. Cyanide	N	<0.02	ppm	0.2	0.2	Discharge from steel/metal factories: discharge from plastic and fertilizer factories
31. Mercury (inorganic)	N	< 0.2	ppb	2	2	Erosion of natural deposits; discharge from refineries and factories; runoff from landfills; runoff from cropland
32. Nitrate/Nitrite (as Nitrogen)	N	0.45	ppm	10	10	Runoff from fertilizer use; leaching from septic tanks, sewage; erosion of natural deposits
33. Ortho Phosphate	N	<0.05	ppm	n/a	n/a	Used in drinking water treatment
34. Selenium	N	< 0.01	ppm	0.05	0.05	Discharge from petroleum and metal refineries; erosion of natural deposits; discharge from mines
35. Thallium	N	< 2	ppb	0.5	2	Leaching from ore-processing sites; discharge from electronics, glass, and drug factories
36. Hardness	n/a	147-237	ppm	n/a	n/a	Primary dissolved limestone minerals from soil and rock materials
37. Alkalinity	n/a	112-179	ppm	n/a	n/a	Primary dissolved limestone minerals from soil and rock materials
Synthetic Organic Contaminants including Pesticides and Herbicides						
38. 2,4-D	N	< 0.5	ppb	70	70	Runoff from herbicide used on row crops
39. 2,4,5-TP (Silvex)	N	< 0.5	ppb	50	50	Residue of banned herbicide
40. Carbaryl	N	< 0.5	ppb	0	700	A pesticide used on forest lands
41. Alachlor	N	< 0.5	ppb	0	2	Runoff from herbicide used on row crops
42. Atrazine	N	< 0.5	ppb	3	3	Runoff from herbicide used on row crops
43. Benzo(a)pyrene (PAH)	N	< 0.2	ppb	0	0.2	Leaching from linings of water storage tanks and distribution lines
44. Carbofuran	N	< 0.9	ppb	40	40	Leaching of soil fumigant used on rice and alfalfa
45. Chlordane	N	< 0.5	ppb	0	2	Residue of banned termiticide
46. Dalapon	N	< 0.5	ppb	200	200	Runoff from herbicide used on rights of way
47. Di(2-ethylhexyl) adipate	N	< 0.5	ppb	400	400	Discharge from chemical factories
48. Di(2-ethylhexyl) phthalate	N	< 0.5	ppb	0	6	Discharge from rubber and chemical factories
49. Dibromochloropropane	N	< 0.2	ppb	0	0.2	Runoff/leaching from soil fumigant used on soybeans, cotton, pineapples, and orchards
50. Dinoseb	N	< 0.5	ppb	7	7	Runoff from herbicide used on soybeans and vegetables
51. Diquat	N	< 0.4	ppb	20	20	Runoff from herbicide use
52. Methomyl	N	< 0.5	ppb	0	200	Broad spectrum insecticide
53. Aldicarb Sulfoxide	N	< 0.5	ppb	0	4	Runoff from insecticide use, applied directly to soil
54. Aldicarb Sulfone	N	< 0.7	ppb	0	2	Runoff from insecticide use, applied directly to soil
55. Aldicarb	N	< 0.5	ppb	0	3	Runoff from insecticide use, applied directly to soil
56. Ethylene dibromide	N	< 0.1	ppb	0	0.05	Discharge from petroleum refineries
57. Dicamba	N	< 0.1	ppb	200	200	Runoff from herbicide use
58. Heptachlor	N	< 0.04	ppb	0	0.4	Residue of banned termiticide
59. Heptachlor epoxide	N	< 0.02	ppb	0	0.2	Breakdown of heptachlor

60. Hexachlorobenzene	N	< 0.5	ppb	0	1	Discharge from metal refineries and agricultural chemical factories
61. Hexachlorocyclo-pentadiene	N	< 0.5	ppb	50	50	Discharge from chemical factories
62. Lindane	N	< 0.02	ppb	0.2	0.2	Runoff/leaching from insecticide used on cattle, lumber, gardens
63. Methoxychlor	N	< 0.5	ppb	40	40	Runoff/leaching from insecticide used on fruits, vegetables, alfalfa, livestock
64. Oxamyl [Vydate]	N	< 1.0	ppb	200	200	Runoff/leaching from insecticide used on apples, potatoes and tomatoes
65. PCBs [Polychlorinated biphenyls]	N	< 0.5	ppb	0	0.5	Runoff from landfills; discharge of waste chemicals
66. Pentachlorophenol	N	< 0.5	ppb	0	1	Discharge from wood preserving factories
67. Picloram	N	< 0.5	ppb	500	500	Herbicide runoff
68. Simazine	N	< 0.5	ppb	4	4	Herbicide runoff
69. Toxaphene	N	< 0.5	ppb	0	3	Runoff/leaching from insecticide used on cotton and cattle
Volatile Organic Contaminants						
70. Benzene	N	< 0.5	ppb	0	5	Discharge from factories; leaching from gas storage tanks and landfills
71. Carbon tetrachloride	N	< 0.5	ppb	0	5	Discharge from chemical plants and other industrial activities
72. Chlorobenzene	N	< 0.5	ppb	100	100	Discharge from chemical and agricultural chemical factories
73. o-Dichlorobenzene	N	< 0.5	ppb	600	600	Discharge from industrial chemical factories
74. p-Dichlorobenzene	N	< 0.5	ppb	75	75	Discharge from industrial chemical factories
75. 1,2 - Dichloroethane	N	< 0.5	ppb	0	5	Discharge from industrial chemical factories
76. 1,1 - Dichloroethylene	N	< 0.5	ppb	7	7	Discharge from industrial chemical factories
77. cis-1,2-Dichloroethylene	N	< 0.5	ppb	70	70	Discharge from industrial chemical factories
78. trans - 1,2 -Dichloroethylene	N	< 0.5	ppb	100	100	Discharge from industrial chemical factories
79. Dichloromethane	N	< 0.5	ppb	0	5	Discharge from pharmaceutical and chemical factories
80. 1,2-Dichloropropane	N	< 0.5	ppb	0	5	Discharge from industrial chemical factories
81. Ethylbenzene	N	< 0.5	ppb	700	700	Discharge from petroleum refineries
82. Styrene	N	< 0.5	ppb	100	100	Discharge from rubber and plastic factories; leaching from landfills
83. Tetrachloroethylene	N	< 0.5	ppb	0	5	Leaching from PVC pipes; discharge from factories and dry cleaners
84. 1,2,4 -Trichlorobenzene	N	< 0.5	ppb	70	70	Discharge from textile-finishing factories
85. 1,1,1 - Trichloroethane	N	< 0.5	ppb	200	200	Discharge from metal degreasing sites and other factories
86. 1,1,2 -Trichloroethane	N	< 0.5	ppb	3	5	Discharge from industrial chemical factories
87. Trichloroethylene	N	< 0.5	ppb	0	5	Discharge from metal degreasing sites and other factories
88. TTHM [Total trihalomethanes]	N	16.3-46.0	ppb	0	80	By-product of drinking water chlorination
89. HAA5 [Haloacetic acids]	N	14.5-29.7	ppb	n/a	60	By-product of drinking water chlorination
90. Toluene	N	< 0.5	ppm	1	1	Discharge from petroleum factories
91. Vinyl Chloride	N	< 0.2	ppb	0	2	Leaching from PVC piping; discharge from plastics factories
92. Xylenes	N	< 0.5	ppb	1000	1000	Discharge from petroleum factories; discharge from chemical factories

Total Organic Carbon						
93. Total Organic Carbon	N	0.67-2.38	ppm	n/a	Treatment Technique **(see note #93)**	Naturally present in the environment

Lead and Copper Analysis (Most recent monitoring period 2013)*

Contaminant	Unit of Measurement	MCLG	MCL	90th Percentile Level Found	Action Level Exceeded	Samples > AL	Typical Source of Contamination
Copper	ppm	1.3	AL= 1.3	0.087	No	0	Corrosion of household plumbing systems; erosion of natural deposits; leaching from wood preservatives
Lead	ppb	0	AL=15	7.7	No	0	

Unregulated Contaminant Monitoring Program Data

Contaminant	Violation Y/N	Level Detected	Unit of Measurement	MCLG	MCL	Likely source of contamination
1,2,3-Trichloropropane	N	ND	ppb	--	--	Used in paint, varnish remover, solvents and degreasing agents
1,3-Butadiene	N	ND	ppb	--	--	Used in rubber manufacturing and occurs as a gas
Chloromethane	N	ND	ppb	--	--	By-product that can form when chlorine used to disinfect drinking water
1,1-Dichloroethane	N	ND	ppb	--	--	Used as a solvent
Bromomethane	N	ND	ppb	--	--	Used as a fumigant on soil before planting, on crops after harvest
Chlorodifluoromethane	N	ND	ppb	--	--	Used as a refrigerant
Bromochloromethane	N	ND	ppb	--	--	Used as a fire extinguishing fluid, as a solvent in the making of pesticides
Perfluorooctanesulfonic acid	N	ND	ppb	--	--	Used in firefighting foam, floor polish, as a pesticide active ingredient
Perfluorooctanoic acid	N	ND	ppb	--	--	Used cleaners, cosmetics, greases, paints, lubricants
Perfluorononanoic acid	N	ND	ppb	--	--	Used in products to make them stain, grease, heat and water resistant
Perfluorohexanesulfonic acid	N	ND	ppb	--	--	Used in products to make them stain, grease, heat and water resistant
Perfluoroheptanoic acid	N	ND	ppb	--	--	Used in products to make them stain, grease, heat and water resistant
Perfluorobutanesulfonic acid	N	ND	ppb	--	--	Used in products to make them stain, grease, heat and water resistant
1,4 -Dioxane	N	ND	ppb	--	--	Used in the production of paper, cotton, textile products, cosmetics, shampoos
Chlorate	N	ND	ppb	--	--	Agricultural defoliant or desiccant
Vanadium	N	0.320-0.370	ppb	--	--	Naturally occurring elemental metal
Molybdenum	N	ND	ppb	--	--	Naturally occurring elemental metal
Cobalt	N	ND	ppm	--	--	Naturally occurring elemental metal
Strontium	N	240-380	ppm	--	--	Naturally occurring elemental metal
Chromium	N	ND	ppm	--	--	Naturally occurring elemental metal
Chromium - 6	N	0.057-0.079	ppb	--	--	Naturally occurring elemental metal

Purpose: To collect occurrence data for contaminants suspected to be present in drinking water but that do not have health-based Standards set under the Safe Drinking Water Act (SDWA).The Unregulated Contaminant Monitoring Program is the primary source of drinking water contaminant occurrence data used by USEPA in regulatory determinations.

Analysis frequency is every three years; thirty samples are collected from the distribution system

Infants and children who drink water containing lead in excess of the action level could experience delays in their physical or mental development. Children could show slight deficits in attention span and learning abilities. Adults who drink this water over many years could develop kidney problems or high blood pressure. If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. The City of Salem Water Department is responsible for providing high quality drinking water, but cannot control the variety of materials used in plumbing components. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap 30 seconds to 2 minutes or until it becomes cold or reaches a steady temperature before using water for drinking or cooking. If you are concerned about lead in your water, you may wish to have your tested. Information on lead in drinking, testing methods, and steps you can take to minimize exposure is available from the Safe Drinking Water Hotline or at http://ww.epa.gov./safewater/lead.

Roanoke River

Microbiological Contaminants:

(1) Total Coliform. Coliforms are bacteria that are naturally present in the environment and are used as an indicator that other, potentially-harmful, bacteria may be present.

(2) Fecal coliform/E.Coli. Fecal coliforms and E. coli are bacteria whose presence indicates that the water may be contaminated with human or animal wastes. Microbes in these wastes can cause short-term effects, such as diarrhea, cramps, nausea, headaches, or other symptoms. They may pose a special health risk for infants, young children, and people with severely compromised immune systems.

(3) Turbidity. Turbidity has no health effects. However, turbidity can interfere with disinfection and provide a medium for microbial growth. Turbidity may indicate the presence of disease-causing organisms. These organisms include bacteria, viruses, and parasites that can cause symptoms such as nausea, cramps, diarrhea, and associated headaches.

(4) Cryptosporidium. Pathogenic protozoa that is widely distributed in nonpotable water supplies. This organism can cause gastrointestinal illness (e.g. diarrhea, vomiting, and cramps).

(5) Giardia lamblia. Pathogenic protozoa that is widely distributed in nonpotable water supplies. This organism can cause gastrointestinal illness (e.g. diarrhea, vomiting, and cramps).

Radioactive Contaminants:

(6) Beta/photon emitters. Certain minerals are radioactive and may emit forms of radiation known as photons and beta radiation. Some people who drink water containing beta and photon emitters in excess of the MCL over many years may have an increased risk of getting cancer.

(7) Alpha emitters. Certain minerals are radioactive and may emit a form of radiation known as alpha radiation. Some people who drink water containing alpha emitters in excess of the MCL over many years may have an increased risk of getting cancer.

(8) Combined Radium 226/228. Some people who drink water containing radium 226 or 228 in excess of the MCL over many years may have an increased risk of getting cancer.

Inorganic Contaminants:

(9) Antimony. Some people who drink water containing antimony well in excess of the MCL over many years could experience increases in blood cholesterol and decreases in blood sugar.

(10) Arsenic. Some people who drink water containing arsenic in excess of the MCL over many years could experience skin damage or problems with their circulatory system, and may have an increased risk of getting cancer.

(11) Aluminum. People at risk for health problems include dialysis patients. Symptoms of chronic aluminum exposure include softening of the bones and brain dysfunction.

(12) Barium. Some people who drink water containing barium in excess of the MCL over many years could experience an increase in their blood pressure.

(13) Beryllium. Some people who drink water containing beryllium well in excess of the MCL over many years could develop intestinal lesions.

(14) Cadmium. Some people who drink water containing cadmium in excess of the MCL over many years could experience kidney damage.

(15) Chromium. Some people who use water containing chromium well in excess of the MCL over many years could experience allergic dermatitis.

(16) Copper. Copper is an essential nutrient, but some people who drink water containing copper in excess of the action level over a relatively short amount of time could experience gastrointestinal distress. Some people who drink water containing copper in excess of the action level over many years could suffer liver or kidney damage. People with Wilson's disease should consult their personal doctor.

(17) Silver. Since silver is not a health benefit for living organisms in any way, the body has a low capacity for absorbing it. Low amounts of ionic silver water intake are not harmful or life threatening in any way, but large intakes can prove to be extremely toxic. Water guidelines suggest an incredibly low amount of silver within drinking water because a high concentration of silver water can bond while boiling and create silver oxide. Silver water that contains silver nitrate can be even more harmful and cause dizziness, diarrhea, and vomiting.

(18) Chloride. Chlorides are not usually not harmful to people, however they can corrode metals and effect the taste of food products.

(19) Sulfate. Health concerns regarding sulfate in drinking water have been raised because of reports that diarrhea may be associated with the ingestion of water containing high levels of sulfate.

(20) pH. The U.S. E.P.A. does not regulate pH levels in drinking water, it is classified as a secondary water contaminant whose impact is considered aesthetic.

(21) Total dissolved solids. Total dissolved solids can give water a murky appearance and detract from the taste quality of the water.

(22) Iron. Elevated iron levels in water can cause stains in plumbing, laundry, and cooking utensils, and can impart objectionable tastes and colors to food.

(23) Manganese. Elevated manganese levels in water can cause stains in plumbing, laundry, and cooking utensils. Upon exposure to air or other oxidants, manganese will usually precipitate black.

(24) Nickel. Nickel is not known to cause any health problems when people are exposed to levels above the MCL for relatively short periods of time

(25) Zinc. Harmful effects generally begin at levels 10-15 times higher than the amount needed for good health. Large doses taken by mouth even for a short time can cause stomach cramps, nausea, and vomiting.

(26) Color. Color in drinking water is classified as a secondary water contaminant whose impact is considered aesthetic.

(27) Sodium. An essential element required for normal body function including nerve impulse transmission, fluid regulation, and muscle contraction and relaxation. However, in excess amounts, sodium increases individual risk of hypertension, heart disease, and stroke. One of the chief sources of sodium is the consumption of salt; therefore salt restrictions are often recommended as a first-line of treatment for individuals suffering from these conditions.

(28) Chlorine. Some people who use drinking water containing chlorine well in excess of EPA's standard could experience irritating effects to their eyes and nose and stomach discomfort.

(29) Fluoride. Some people who drink water containing fluoride in excess of the MCL over many years could get bone disease, including pain and tenderness of the bones. Children may get mottled teeth.

(30) Cyanide. Nerve damage or thyroid problems.

(31) Mercury (inorganic). Some people who drink water containing inorganic mercury well in excess of the MCL over many years could experience kidney damage.

(32) Nitrate. Infants below the age of six months who drink water containing nitrate in excess of the MCL could become seriously ill and, if untreated, may die. Symptoms include shortness of breath and blue-baby syndrome.

(33) Orthophosphate. A commonly used corrosion inhibitor that is added to finished drinking water. Orthophosphate works by forming a protective coating inside of pipes in the distribution system and in customer homes to prevent lead from leaching into drinking water. It is approved for use in drinking water treatment by the USEPA, and certified by the National Sanitation Federation. It is not used at the City of Salem Water Plant.

(34) Selenium. Selenium is an essential nutrient. However, some people who drink water containing selenium in excess of the MCL over many years could experience hair or fingernail losses, numbness in fingers or toes, or problems with their circulation.

(35) Thallium. Some people who drink water containing thallium in excess of the MCL over many years could experience hair loss, changes in their blood, or problems with their kidneys, intestines, or liver.

(36) Hardness. Hardness does not pose a health risk and is not regulated by state or federal agencies. It often causes aesthetic problems, such as scaling on pipes and fixture; lowers detergent performance.

(37) Alkalinity. High alkalinity does not pose a health risk, but can cause aesthetic problems.

Synthetic organic contaminants including pesticides and herbicides:

(38) 2, 4-D. Some people who drink water containing the weed killer 2, 4-D well in excess of the MCL over many years could experience problems with their kidneys, liver, or adrenal glands.

(39) 2, 4, 5-TP (Silvex). Some people who drink water containing silvex in excess of the MCL over many years could experience liver problems.

(40) Carbaryl. Carbaryl may reduce learning ability and aggravate viral diseases.

(41) Alachlor. Some people who drink water containing alachlor in excess of the MCL over many years could have problems with their eyes, liver, kidneys, or spleen, or experience anemia, and may have an increased risk of getting cancer.
(42) Atrazine. Some people who drink water containing atrazine well in excess of the MCL over many years could experience problems with their cardiovascular system or reproductive difficulties.
(43) Benzo (a) pyrene [PAH]. Some people who drink water containing benzo (a) pyrene in excess of the MCL over many years may experience reproductive difficulties and may have an increased risk of getting cancer.
(44) Carbofuran. Some people who drink water containing carbofuran in excess of the MCL over many years could experience problems with their blood, or nervous or reproductive systems.
(45) Chlordane. Some people who drink water containing chlordane in excess of the MCL over many years could experience problems with their liver or nervous system, and may have an increased risk of getting cancer.
(46) Dalapon. Some people who drink water containing dalapon well in excess of the MCL over many years could experience minor kidney changes.
(47) Di (2-ethylhexyl) adipate. Some people who drink water containing di (2-ethylhexyl) adipate well in excess of the MCL over many years could experience general toxic effects or reproductive difficulties.
(48) Di (2-ethylhexyl) phthalate. Some people who drink water containing di (2-ethylhexyl) phthalate in excess of the MCL over many years may have problems with their liver, or experience reproductive difficulties, and may have an increased risk of getting cancer.
(49) Dibromochloropropane (DBCP). Some people who drink water containing DBCP in excess of the MCL over many years could experience reproductive difficulties and may have an increased risk of getting cancer.
(50) Dinoseb. Some people who drink water containing dinoseb well in excess of the MCL over many years could experience reproductive difficulties.
(51) Diquat. Some people who drink water containing diquat in excess of the MCL over many years could get cataracts.
(52) Methomyl. Repeated exposure to methomyl may cause an unsuspected inhibition of cholinesterase, resulting in flu-like symptoms, such as weakness, lack of appetite, and muscle aches.
(53) Aldicarb Sulfoxide. The primary route of human exposure to aldicarb sulfoxide is consumption of food and of contaminated water especially wells. There may be adverse immune system effects associated with long term ingestion of aldicarb sulfoxide.
(54) Aldicarb Sulfone. The primary route of human exposure to aldicarb sulfone is consumption of food and of contaminated water especially wells. There may be adverse immune system effects associated with long term ingestion of aldicarb sulfone.
(55) Aldicarb. The primary route of human exposure to aldicarb is consumption of food and of contaminated water especially wells. There may be adverse immune system effects associated with long term ingestion of aldicarb.
(56) Ethylene dibromide. Some people who drink water containing ethylene dibromide in excess of the MCL over many years could experience problems with their liver, stomach, reproductive system, or kidneys, and may have an increased risk of getting cancer.
(57) Dicamba. Chronic exposure to dicamba can lead to the lost of appetite, vomiting, shortness of breath, and bluing of the skin and gums.
(58) Heptachlor. Some people who drink water containing heptachlor in excess of the MCL over many years could experience liver damage and may have an increased risk of getting cancer.
(59) Heptachlor epoxide. Some people who drink water containing heptachlor epoxide in excess of the MCL over many years could experience liver damage, and may have an increased risk of getting cancer.
(60) Hexachlorobenzene. Some people who drink water containing hexachlorobenzene in excess of the MCL over many years could experience problems with their liver or kidneys, or adverse reproductive effects, and may have an increased risk of getting cancer.
(61) Hexachlorocyclopentadiene. Some people who drink water containing hexachlorocyclopentadiene well in excess of the MCL over many years could experience problems with their kidneys or stomach.
(62) Lindane. Some people who drink water containing lindane in excess of the MCL over many years could experience problems with their kidneys or liver.
(63) Methoxychlor. Some people who drink water containing methoxychlor in excess of the MCL over many years could experience reproductive difficulties.
(64) Oxamyl [Vydate]. Some people who drink water containing oxamyl in excess of the MCL over many years could experience slight nervous system effects.
(65) PCBs [Polychlorinated biphenyls]. Some people who drink water containing PCBs in excess of the MCL over many years could experience changes in their skin, problems with their thymus gland, immune deficiencies, or reproductive or nervous system difficulties, and may have an increased risk of getting cancer.
(66) Pentachlorophenol. Some people who drink water containing pentachlorophenol in excess of the MCL over many years could experience problems with their liver or kidneys, and may have an increased risk of getting cancer.
(67) Picloram. Some people who drink water containing picloram in excess of the MCL over many years could experience problems with their liver.
(68) Simazine. Some people who drink water containing simazine in excess of the MCL over many years could experience problems with their blood.
(69) Toxaphene. Some people who drink water containing toxaphene in excess of the MCL over many years could have problems with their kidneys, liver, or thyroid, and may have an increased risk of getting cancer.

Volatile Organic Contaminants:

(70) Benzene. Some people who drink water containing benzene in excess of the MCL over many years could experience anemia or a decrease in blood platelets, and may have an increased risk of getting cancer.
(71) Carbon Tetrachloride. Some people who drink water containing carbon tetrachloride in excess of the MCL over many years could experience problems with their liver and may have an increased risk of getting cancer.
(72) Chlorobenzene. Some people who drink water containing chlorobenzene in excess of the MCL over many years could experience problems with their liver or kidneys.
(73) o-Dichlorobenzene. Some people who drink water containing o-dichlorobenzene well in excess of the MCL over many years could experience problems with their liver, kidneys, or circulatory systems.
(74) p-Dichlorobenzene. Some people who drink water containing p-dichlorobenzene in excess of the MCL over many years could experience anemia, damage to their liver, kidneys, or spleen, or changes in their blood.
(75) 1,2-Dichloroethane. Some people who drink water containing 1, 2-dichloroethane in excess of the MCL over many years may have an increased risk of getting cancer.
(76) 1, 1-Dichloroethylene. Some people who drink water containing 1, 1-dichloroethylene in excess of the MCL over many years could experience problems with their liver.
(77) cis-1, 2-Dichloroethylene. Some people who drink water containing cis-1, 2-dichloroethylene in excess of the MCL over many years could experience problems with their liver.
(78) trans-1, 2-Dicholoroethylene. Some people who drink water containing trans-1, 2-dichloroethylene well in excess of the MCL over many years could experience problems with their liver.
(79) Dichloromethane. Some people who drink water containing dichloromethane in excess of the MCL over many years could have liver problems and may have an increased risk of getting cancer.
(80) 1, 2-Dichloropropane. Some people who drink water containing 1, 2-dichloropropane in excess of the MCL over many years may have an increased risk of getting cancer.
(81) Ethylbenzene. Some people who drink water containing ethylbenzene well in excess of the MCL over many years could experience problems with their liver or kidneys.
(82) Styrene. Some people who drink water containing styrene well in excess of the MCL over many years could have problems with their liver, kidneys, or circulatory system.
(83) Tetrachloroethylene. Some people who drink water containing tetrachloroethylene in excess of the MCL over many years could have problems with their liver, and may have an increased risk of getting cancer.
(84) 1, 2, 4-Trichlorobenzene. Some people who drink water containing 1, 2, 4-trichlorobenzene well in excess of the MCL over many years could experience changes in their adrenal glands.
(85) 1, 1, 1,-Trichloroethane. Some people who drink water containing 1, 1, 1-trichloroethane in excess of the MCL over many years could experience problems with their liver, nervous system, or circulatory system.
(86) 1, 1, 2-Trichloroethane. Some people who drink water containing 1, 1, 2-trichloroethane well in excess of the MCL over many years could have problems with their liver, kidneys, or immune systems.
(87) Trichloroethylene. Some people who drink water containing trichloroethylene in excess of the MCL over many years could experience problems with their liver and may have an increased risk of getting cancer.
(88) TTHMs [Total Trihalomethanes]. Some people who drink water containing trihalomethanes in excess of the MCL over many years may experience problems with their liver, kidneys, or central nervous systems, and may have an increased risk of getting cancer.
(89) HAA5s [Haloacetic acids]. Some people who drink water containing haloacetic acids in excess of the MCL over many years may experience problems with their liver, kidneys, or central nervous systems, and may have an increased risk of getting cancer.
(90) Toluene. Some people who drink water containing toluene well in excess of the MCL over many years could have problems with their nervous system, kidneys, or liver.
(91) Vinyl Chloride. Some people who drink water containing vinyl chloride in excess of the MCL over many years may have an increased risk of getting cancer.
(92) Xylenes. Some people who drink water containing xylenes in excess of the MCL over many years could experience damage to their nervous system.
(93) Total Organic Carbon. A parameter that is monitored to determine the probability of disinfection by-product formation (TTHMs no.88 and HAAs no.89) exceeding the MCL. Treatment Technique: The annual average removal ratio is ≥ 1.0.

EVENTS AROUND SALEM

SALEM PARKS & RECREATION

For class dates, times and to register, head to parksandrec.salemva.gov.

adult programs

ADULT ART CLASSES

At Salem Art Center. Each four weeks we will learn and perform a new idea, style or medium. With painting and/or drawing as our focus, students will learn a couple tricks to help them produce art with a bit more ease. Fun with a perfect blend of education is at the heart of each 4 week session. Please feel free to join in, no matter what level of skill.

BALLROOM DANCING: BEGINNER/INTERMEDIATE (ADULT & TEEN)

Class is on-going. This class offers a complete introduction to ballroom dancing. The class is perfect for beginners and those looking to polish their ballroom technique. You will learn the techniques necessary for moving with style and grace. No previous dance experience or partner is necessary.

CHESS

This free chess group is for all levels of playing strength. One hour instruction.

Supervisor: Vickie Sword
vsword@salemva.gov
Asst Supervisor: Drew Carroll
dcarroll@salemva.gov
110 Union Street
Phone: (540) 375-3054
*REGISTER AND PAY FEES ON SALEM PARKS AND RECREATION WEB SITE OR MAKE CHECKS PAYABLE TO CITY OF SALEM AND MAIL TO 110 UNION STREET, SALEM, VA 24153 UNLESS OTHERWISE NOTED.

Dog Days of Summer

DOG OBEDIENCE CLASS A six-week course for dogs of any breed and any age. Dogs will learn to heel calmly on a leash, react to different commands, and come when called. AKC Canine Good citizen test available. AKC S.T.A.R. puppy program available for puppies under 1.

COLE BLUEGRASS SHOW

The first Monday of every month, Dwayne Cole has two excellent bluegrass groups come to perform at the Senior Center from 7:00p.m. – 9:00p.m. This event is open to the public. There is no admittance fee; however, donations are encouraged in order to keep this good event going.

COMPETENT PHOTOGRAPHER COURSE

A three part series designed to teach you the fundamentals that every photographer should know. More information about this course can be found at www.JonBeard.com.

HANDBUILT CERAMICS

Come stretch your creative muscles as you learn how to form original works of art in clay! The basic skills of hand-built ceramics will be taught through the pinch coil and slab methods using low fire clays and glazes.

CERAMICS (INTERMEDIATE)

This class is designed for the student who has prior experience with ceramics. Painting on resin, dry brushing, and other techniques will be introduced.

CROCHETING & KNITTING

Learn the basics of crocheting and knitting and complete a couple of different projects in class.

for all ages

TENNIS (ALL LEVELS)

To register or get more information call Scott Gibson at 397-1257 or sgibson@salemva.gov

health & fitness

INTERVAL EXERCISE CLASS (ALL LEVELS)

Interval training can be a very effective way for clients to increase sports performance, lose weight faster and make workouts more enjoyable. Interval training combines short bursts of intense activity, called intervals, with periods of lower intensity, or rest periods. Switching between the two makes your body work harder, burning more calories faster than it would at a steady, moderate pace.

TOTAL SCULPTING

Two separate classes. This class is designed to reduce body fat and sculpt muscles through a series of strength training exercises using bands, free weights and more. This is a great program for any level participant. Instructors are training to modify exercises for beginning levels.

YOGA (BEGINNER/ INTERMEDIATE)

Three class times offered. Yoga is a great way to increase joint mobility, improve muscle tone and flexibility, and build balance. It also improves memory, focus, and attention, as well as promotes an overall sense of well being.

ZUMBA

This class combines Latin dancing with interval resistance training for a full-body, rythmic workout. Zumba can help you to build both muscle tone and cardiovascular endurance.

youth/teens

ART-AFTERSCHOOL VISUAL ARTS ENRICHMENT

An on-going adventure in color and style. Explore your creative side in the new Salem Art Center. Everything from drawing to painting will be taught in this easy going creative environment. Snacks will be provided.

BATON

This class will teach the youth on the art of baton twirling. It will teach the kids the basic steps of throwing the baton to performance baton twirling.

GUITAR FOR KIDS, BEGINNER AND INTERMEDIATE (AGES 8 – 12)

Be a real guitar hero! Learn music basics like tuning, tempo, rhythm and dynamics. Play simplified chord and riff's from guitar tab. Intermediate class builds off the skills learned in the beginner class.

KNIT AND CROCHET (AGES 8 - 14)

Learn the basic knitting and crocheting stitches and how to read patterns.

TENNIS (BEGINNERS AGES 6 – 10)

To register or get more information call Scott Gibson at 397-1257 or sgibson@salemva.gov.

summer camps

SUMMER CLINICS

Boys Basketball (2nd - 9th grades)
Girls Basketball (2nd - 9th grades)
Boys Lacrosse (2nd - 9th grades)
Girls Lacrosse (2nd - 9th grades)
Boys Soccer (2nd - 9th grades)
Girls Soccer (2nd - 9th grades)
Football (2nd - 6th grades)
Girls Volleyball (3rd - 9th grades)
Baseball (2nd - 9th grades)
Softball (2nd - 9th grades)
Cheerleading (2nd - 9th grades)
Clinics are offered for Salem residents or children who attend Salem City Schools. The cost for the clinics will be $10 per clinic.

SALEM JUNIOR GOLF CAMP

This camp is designed for the first time player who has never been enrolled in formal golf lessons. Previous participants do not qualify. Players will receive a starter set of clubs & 4 days of lessons from the pro at Hanging Rock Golf Course. For ages 9-13.

HANDBUILT CERAMICS CAMP (RISING 6TH-9TH GRADES)

Learn to form original works in the art of clay. Ages rising 6th graders to rising 9th grader.

ART CAMP (AGES 8-11)

This camp is a week-long art experience with Darlene Marshall and Mike Gibson. Campers will learn about artists, art techniques, and dabble in art history. Both camps are identical. Ages 8-11.

senior center

110 UNION STREET

MONDAYS

9 am - 12 noon – Bridge
10 am – Walking on the Greenway
12:30 pm – Senior Mtn. Pickers
12:30 pm – Painting with Phyl (second Monday of the month)
7 - 9 pm – Cole Bluegrass Show (First Monday every month)

TUESDAYS

8:45 am – Exercise
10 am – Chair Caning and Basket Weaving
10:15 am – Tai-Chi at College Lutheran Church
2 pm – Ballroom dance, the first and third Tuesdays (second and fourth Tuesdays – Tea Dance)

WEDNESDAYS

9 am – Tap dance
10 am - 12 noon – Ceramics
10 am – Needlework
1 pm – Line Dance

THURSDAYS

8:45 am – Zumba Gold
10 am – Quilting
10 am – Art on your own
11 am – 49er's Plus Club Meeting
12 pm – Cards on your own
12 pm – Monthly Luncheon w/ entertainment (last Thur. of month)
12:30 pm – Sr. Singers Practice (first Thurs. w/appts other days)

FRIDAYS

8:45 am – Exercise
10:15 am – Tai-Chi
10:30 am – Senior Mtn. Pickers
7 - 9 pm – Ballroom Dance

SPECIAL FRIDAY EVENTS

are provided through each month. We frequently make outings in our van or bus to local malls, shops and restaurants, or day trips to Winchester, Peaks of Otter, Lynchburg, Charlotte, Christiansburg, etc. Other events include bingo, ice cream sundae day, movie day, crafts, parties, etc. *Fee may apply.

MONTHLY NEWSLETTER

A calendar with news of our activities is ready for distribution at the Monthly Luncheons, for the following month. Please stop by and pick one up so you can join us at the Senior Center.

SPECIAL TRIPS

These trips are planned for the year to the Wytheville's Wohlfahrt Haus Dinner Theatre, Myrtle Beach, SC, Strasberg, PA to see Moses and tour the Amish Village. New trips are added regularly. Stop by and pick up a trip list.

THE BOB ROSS METHOD OF OIL PAINTING CLASSES

with Phyl Fralin are held the second Monday of every month. The picture for the month is on display at the Senior Center. Cost is $50 for materials and you will need to sign up if you wish to attend.

49ERS PLUS CLUB

meets on the 1st and 3rd Thursdays at 11 am, and eat lunch out on the 2nd week at various restaurants. They also preside at our Monthly Luncheons. This is a group that meets for fun; they make donations to organizations such as the Salem Rescue Squad & American Red Cross.

MONTHLY POT LUCK LUNCHEONS

are always a fun, well-attended event, with entertainment following the meal. They are held on the last Thursday of each month.

BALLROOM DANCE CLASS

meets the 1st & 3rd Tuesdays for class and then in the form of a TEA DANCE the 2nd and 4th Tuesday of the month. 2 to 4 pm. Taped music is provided and there is no fee but each person is asked to bring a snack food to share.

THE SALEM SENIOR SINGERS

practice on the 1st Thursday at 12:30 pm, and sing on a regular basis for Snyder Nursing Home and other places in the Valley.

SENIOR MOUNTAIN PICKERS

is an excellent group of stringed instrument musicians who play informally on Mondays at 12:30 pm and Fridays at 10:30 am at the Senior Center. You may join them with an instrument if you play or you may attend as a part of the audience of the 50+ crowd.

Football is just around the corner.

YOUTH SUMMER FOOTBALL CLINIC Steven Magenbauer, Football Coach at Salem High School, leads the summer session for 2nd - 9th graders from July 27th - 31st at the Salem High school fields.

special events

Manager: Kathy Murphy
kmurphy@salemva.gov
Supervisor: Nathan Wooden
nwooden@salemva.gov
620 Florida Street
Phone: (540) 375-3057

64TH ANNUAL ERNEST "PIG" ROBERTSON FISHING RODEOS **April 25th** Children Ages 3 – 8, 9 a.m. - Noon. **April 27th** Children with Disabilities Day, 10 a.m. - Noon. **April 29th** Nursing Home Patient's Day, 10 a.m. – Noon. **May 2nd** Children ages 9 – 12, 9 a.m. – Noon. Lake Spring Park, (540) 375-3057.

SALEM AFTER FIVE 5:30 p.m. – 9 p.m. Salem Farmers Market, $5/Children 12 and under are free. Food Court, Children's Play Area (540) 375-3057. April 24th – Holiday Band. May 29th – Kings. June 26th – Domino. July 24th – Super Hold. August 14th – Atlantic Groove.

MOVIES AT LONGWOOD **June 6th:** Dolphin Tails 2. **June 27th:** Million Dollar Arm. **August 22nd:** Earth to Echo. **October 3rd:** Hotel Transylvania. Bring a blanket and chairs and enjoy a movie under the stars! Admission is free. Concessions will be available to purchase from Fun Times.

RELAY FOR LIFE **May 2nd,** Noon to 10 p.m. – at Longwood Park. Visit www.RelayForLife.org/SalemVA or call 540-774-2710 to register your team. Entertainment schedule: Black Collar Rock at 1pm, Downtown Diversion at 2:30pm, Cimmaron at 4:30pm and Rutledge (acoustic) at 7:30. Other activities are scheduled throughout the day.

MARCH OF DIMES **May 9th,** at the Salem Civic Center – Registration begins at 8:00am and the walk starts at 9:00am. Visit www.marchofdines.com/virginia or call 540-989-8030.

SALEM DISTANCE RUN **Saturday, August 8th,** at Longwood Park. Featuring a 3 mile walk, 5k & 10k races. Sponsored by Salem Parks & Recreation & Southwest Health Focus. The 5k & 10k runs start at 8:15a.m. Awards will be given out to the top 3 overall finishers and the top 3 in each age group. For more information call, (540) 444-2925.

PUMPKINFEST **Saturday, October 31st,** Salem Farmers Market, 11a.m – 2 p.m., Pumpkin give-away, Children's activities, Carnival Games, Costume Contest, Hay Rides, and a Pumpkin Auction. Trick or Treating with all the Salem Merchants.

Great food. Great music. Great times.

ART & JAZZ IN JULY **Saturday, July 18th,** 3 p.m. - 9:30 p.m. Come enjoy beer, wine and food while you listen to local jazz musicians. Bring a blanket and chairs.

James I. Moyer Sports Complex

Manager : Eric O'Brien,
eobrien@salemva.gov
Supervisor: Scott Scharnus,
sscharnus@salemva.gov,
1000 Union St. (540) 375-4021

MAY 1ST - 3RD
Mountain East Conference Women's Softball Champ.

MAY 22ND - 26TH
NCAA Div. III Women's Softball National Championship

JUNE 12TH & 13TH
VHSL Division 1 State Softball

JUNE 13TH & 14TH
NSA 14U Youth Fast Pitch State Tournament

JUNE 19TH - 21ST
ASA Youth Fast Pitch Softball State Tournament

JUNE 26TH - 28TH
ISF Senior World Cup Adult Slow Pitch Softball Champ.

JULY 3RD - 5TH
ASA Salem Fair Youth Fast Pitch Softball Tournament

JULY 11TH & 12TH
ASA Commonwealth Games Adult Slow Pitch Tournament

JULY 18TH & 19TH
ASA Commonwealth Games Youth Fast Pitch Softball Tourn.

AUGUST 8TH & 9TH
USSSA Class "D" & "E" State Adult Slow Pitch Tournament

AUGUST 15TH & 16TH
NSA Super States Adult Slow Pitch Softball Tournament

AUGUST 22ND & 23RD
Nations Baseball Blast Tourn.

SEPT. 5TH - 7TH
ASA Men's Class "D" &

"E" Eastern Slow Pitch Championship & Women's "C" & "D" Eastern Slow Pitch Championship

SEPT. 12TH & 13TH
Got Game Strike Out Hunger Benefit Youth Tournament

SEPT. 19TH & 20TH
ASA /USA Heartland College Fast Pitch Showcase Series

SEPT. 26TH & 27TH
ASA Fall Champions Cup Youth Fast Pitch Tournament

OCT. 3RD & 4TH
USSSA Baseball Western VA Fall States

OCT. 10TH & 11TH
ASA JO/Scrappers 18U & 16U College Show Case Girls Fast Pitch Softball Tournament

Salem Kiwanis Baseball Field

JUNE 12TH
VHSL Division 1 State Champ.

JULY 10TH - 13TH
Impact Baseball Tournament

JULY 16TH - 19TH
Commonwealth Games High School All-Star Showcase

AUGUST 6TH - 9TH
CVCL Tournament

AUGUST 15TH & 16TH
USSSA Fischer Financial Tourn.

AUGUST 22ND & 23RD
Nations Blast Baseball Tourn.

SEPT. 5TH & 6TH
Nations Baseball Fall State Qualifier

SEPT. 12TH & 13TH
USSSA Star City Challenge

SEPT. 19TH & 20TH
USSSA Baseball Tournament

Softball Champions are crowned at the Moyer

JULY 26TH - AUGUST 2ND ASA/USA Girl's Class "A" 14U Fast Pitch National Champ.

SEPT. 26TH & 27TH
Nations Baseball Western Area Fall State

OCT. 3RD & 4TH
USSSA VA Fall States

OCT. 10TH & 11TH
USSSA Fall Bash Baseball Tournament

youth and adult athletics

Manager: Scott Hall,
shall@salemva.gov
Supervisor: Nat Franklin,
nfranklin@salemva.gov
925 Union Street, Salem
(540) 375-4094

YOUTH SPORTS MISSION STATEMENT The purpose of youth recreational athletic leagues is to provide an enjoyable experience for each youth participant, while developing character, skills, sportsmanship and promoting good will among all teams and individuals. Although sports are competitive by nature, the City of Salem Parks and Recreation Department's intentions are to place less emphasis on winning, while promoting the building of lifetime physical activity and health for each participant.

GREAT BEGINNINGS WITH ED GREEN & STAFF
Make checks payable to Ed Green, Great Beginnings, and get application online at parksandrec.salemva.gov. For more info, call Ed at 387-9516.

ADULT LEAGUES OFFERED
The Salem Parks and Recreation Department offers a variety of adult leagues aimed at increasing physical fitness and promoting social interaction between participants. Adults 18 and up.

REGISTRATION DATES AT ACTIVENET
Boys Fall Soccer (Ages 12-15): May 11 - June 14th
Girls Soccer: May 11 - June 14th
Football: May 11 - June 14th
Cheerleading: May 11 - June 14th
Basketball: Sept. 14th - Oct. 18th

SUMMER SPORTS CLINICS
See web for more information:
Boys & Girls Basketball, Football, Volleyball, Baseball, Softball, Lacrosse, Co-ed Soccer, and Cheerleading. Visit website for location, dates & time.

Ways to register for Athletics

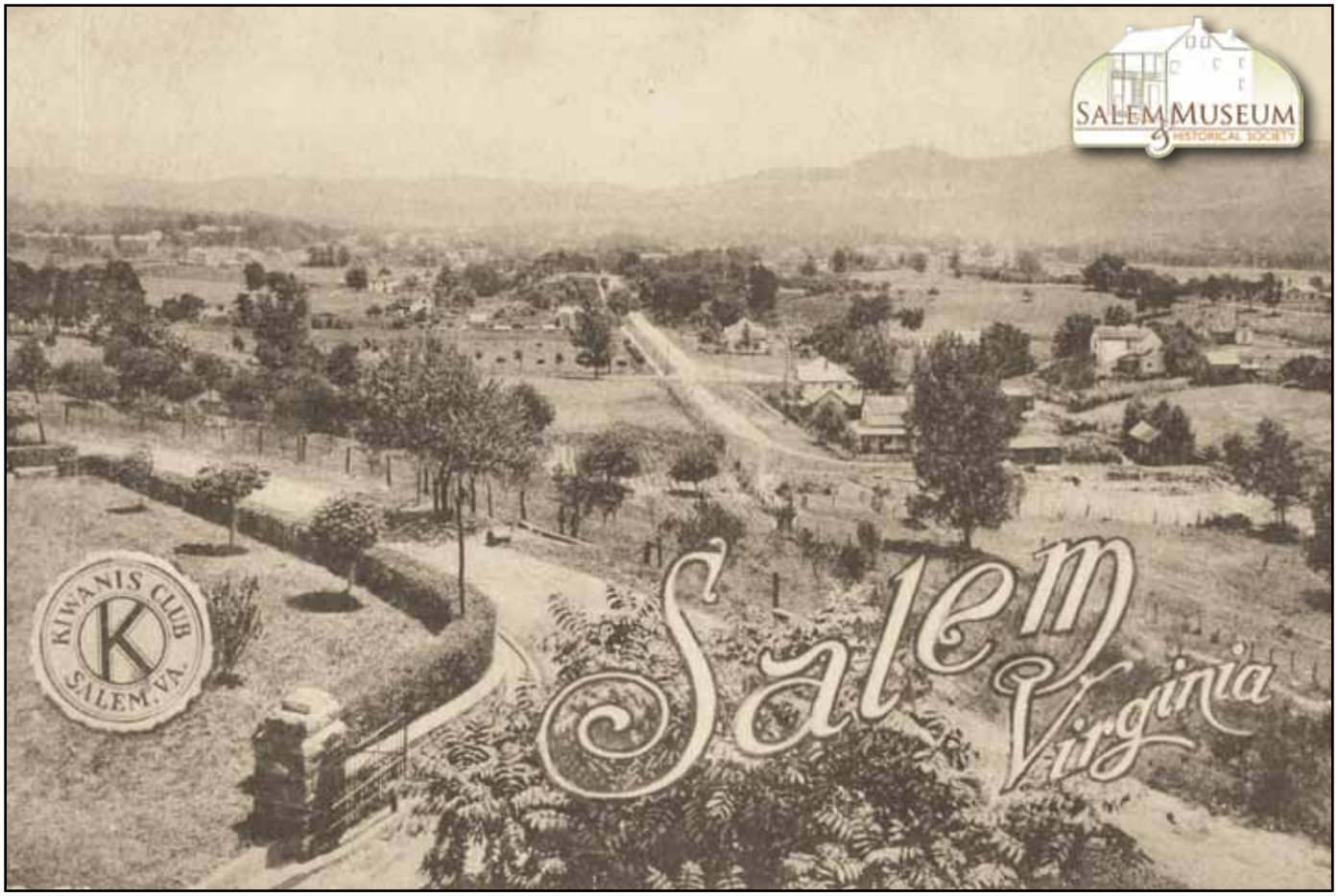
- Online – parksandrec.salemva.gov
- In Person – Sports Office located at 925 Union Street between the hours of 8:00 a.m. – 5:00 p.m., Monday through Friday
- By Phone – (540) 375-4094

$40 Salem Residents, $90 Tuition Paying Students enrolled in a Salem School. Uniforms are included with paid registration.

A Long Time Ago

John Long - Salem Museum Executive Director info@salemmuseum.org 389-6760

94 Years Ago



Salem Kiwanis Postcard Book. As Salem envisions ways to improve its downtown, it's worth remembering that it's not the first time we've made such an effort. In 1921, the Salem Kiwanis Club was founded with the goal of modernizing and improving Salem. Better roads, better schools, better fire protection and policing – The Kiwanis members pushed for all these things to move the small town into the modern world of automobiles and telephones. One top priority of the club: Pushing for the hiring of a town manager who could use his expertise to guide Salem into the modern age. Indeed, the first Salem manager, John Broome, was hired by 1922. As part of their efforts, the Kiwanis Club issued a booklet of local postcards in 1921 to raise funds. Rarely seen today, the sepia-toned photos form a great look back into our local past.

Close to your last pill and need a refill?

Want to help Mom keep up with her appointments and prescriptions?

Can't remember when little Suzy needs her next booster shot?

Tired of waiting for test results to arrive in the mail?

MyChart It!

MyChart—western Virginia's first online health care management tool—offers 24/7 access to your health records. Request an appointment, view lab results, refill a prescription and much more, all on your schedule. With more than 75,000 users, MyChart provides the tools you need to manage your health care.

WHY WAIT? GET ACTIVE ON MYCHART TODAY!

CARILION CLINIC

Download on the App Store

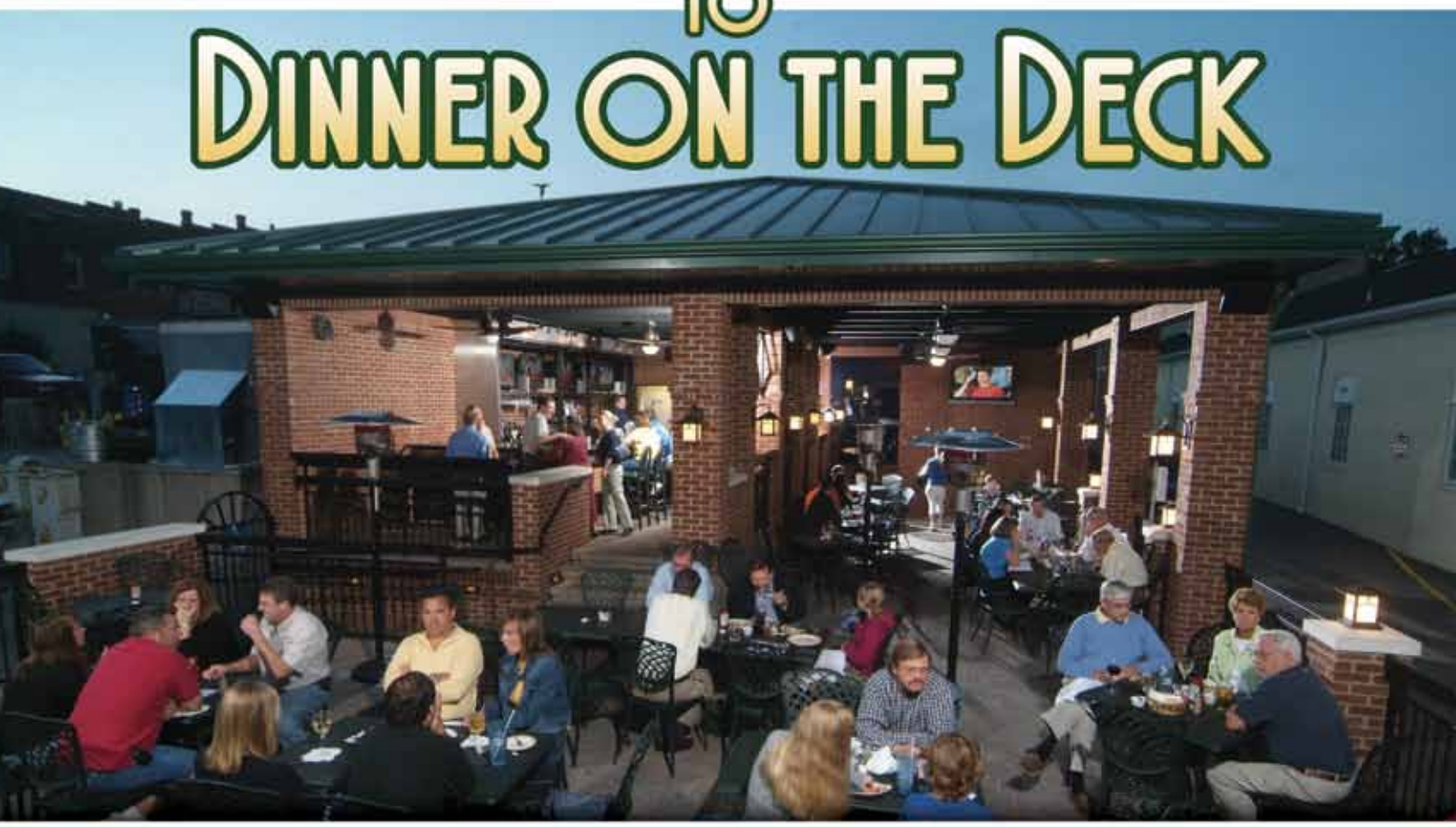
GET IT ON Google play

CarilionClinic.org/MyChart | 800-422-8482

Mac and Bob's

Est. 1980

Sunday Brunch to Dinner on the Deck



316 E. Main Street Salem, Virginia 24153 | 540-389-5999 | www.macandbobs.com